



Presbyterian Church in India (Reformed)

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## REV. H. CHIN THIANSONG & FAMILY



JULY 31 (SUNDAY) : Haithak

AUGUST 07 (SUNDAY) : ReST Sunday

AUGUST 15 (MONDAY) : Independence Day

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kum thupi

*Namchih apan*

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Editorial



# HAITHAK

*“Gah masate laka a hoihpen  
pente, na thillat chiteng ua a  
hoihpen, na thillat tengteng ua  
siampute ading ahi: na in ua  
vualzawlna a taam den  
theihna ding in tangbuang  
meklom hoihpen siampu kiang  
ah na pe ding uh ahi.”*

– Ezekiel 44:30

Pathian vualzawlna toh louma a piang “Haithak” program zang thei ding a Toupa’n hon pina ziak in kipathu i gen ahi. Vaihawm heutute lunggelna ah July last Sunday pen Haithak chi in minvuah in i neisek uhi. Huchibang hun chiang in mahni louma a piang bangbang, ahihkeileh phaizang leh khopi ate’ adi’n Toupa vualzawlna tungtawn a luikhiak kipahna thilpiakte Biakinn ah tawikhawm in, nekhawm-dawnkhawm in kipahna suahkhia in hunte i zang uhi.

Laisiangthou ah leng huchibang a Pathian mai a Thohlom/ Haithak

lat ding ahildan mun tamtak ah kimu hi. Nehemia 10:35 in, "*Huan TOUPA inn a, kum teng a, i lei theigah masapente, sing chiteng a gah tengteng akipan gahmasapente, tawi ding in*" ana chi hi. Huan, Paunakte 3:9-10 in, "*Na van in Toupa zahtak in, na punna tengteng a gahmasate toh in: Huchi in hauhna in na pangte a dim dia, na belte uain thak in a dimlet ding hi*" a chih behlap lai hi. Huaiziak in, Toupa maitam a gah masa/ Haithak lat

ding tuh Laisiangthou hon sinsak dan ahi. Huchibang a i sepkhiak Chiang in vualzawlina in hon delhzui lai ding chih Pathian thuchiam ahitel hi.

ISaptuam in July Nipini nanung pen huchibang a sepsuahtheih na ding hunseh in i nei uhi. Khua/ Local khenkhat a ding in bel a zekai/ baihlua ahikha maithei. Bangteng hileh, Toupa lungtaisak tum in, i louma apan hon vualzawlinate a maitam ah Haithak hun in luikhe ni.



### JI LEH PASAL OM DAN DING

Ephesate 5: 21-33

Rev. Dr. G. Pau Muanthang

21Khris laudansiamin kiniamkhiak chiat un. 22Jite aw, Toupa kiana na kiniamkhiak bang un, noumau pasalte kiangah kiniamkhiak un. 23Khris tuh amah ngei pumpi hondampa hi a, saptuamte lutang ahi mah bangin, pasal tuh ji lutang ahi ngala. 24Huchiin saptuamte Khris kiana akiniamkhiak mah bangun jite tuh bangkim ah apasalte uh kiangah kiniamkhiak uhen. 25Pasalte aw, na jite uh it un, Khristin saptuamte a it a, a sik ua

*akipak bangin, 26huchia amau tuh tuia sila thua a hihsianghtou theihna dingin; 27huan, huchia saptuamte tuh ninbanglou leh vuailou leh huchibang thil mawngmawng pulou a siangthou leh gensiatbei aom jawa, amah leh amah tuh saptuamte thupitaka akiptak theihna dingin. 28Huchimah bangin pasalten leng amau pumpi mah bangin amau jite tuh a it ding uh ahi, Amah ji itpa tuh amah ki it ahi. 29Kuamahin amah sa mah aho ngei ngalkeia, a vakin a deithoh zawnak hi. Khrist in saptuamte a vaka adeihthoh mah bangin, 30Apumpi hianta i hi ngal ua, 31Huaziakin pasalin a nu leh pa paisan in aji a len chinten dninga, huan, anih un sa pumkhat ahonghita ding uh. 32Hiai thuguk tuh a thupi a hi, himahleh ken jaw Khrist leh saptuamte thu ahi ka gen. 33Abang abang hileh, nou laka kuapeuhmahin amah aki it bang in a ji it hen, ji mahin leng apsal zhatak dingin pilvang hen.*

Khristian nupa kal nuntak ding zia Paul in hohtakin hiai sungah ahongen hi. Hiai nupakal khosakna dingin poimoh mahmah ahihle 'kiniamkhiak tuahna' ahi, chih i mu hi. Ki niamkhiak i chih chiangin vuallelh vai sakna om thei mawk hi. A kiniamkhiak khiak tuh a vuallelh, a hatlou, leh pangzoulou zaw sakna aom hi. Himahleh Lai Siangthou gendan kiniamkhiakna ahihle vuallelh man hiam, pan zohlouhman hiam hiloua 'ut kawma kiniamkhiakna' gen ahi. Hiai kiniamkhiakna kichi thumal in gen theih tuamtuam anei hi. Kua hiam i tunga mite laka kiniamkhiakna, huai tuh sepaih pau (*military word*) zat bang inleng a zatthei a, huai banah, kuamah phutluh hilou itna ziaka kitahlutna (*voluntary*) ahi nawn hi. Hiai a nihna pen ahi nupa kal a dia deih huai Paul in a gen.

Huai omdan tuh a pasal lauhman hiam, phutluh zia hiam ahihkeileh aji a selngaplouhman hiam a kiniamkhiakna gen hilou ahi. Khrist lauhdan siamna a kibulphuh itna leh hoihna ding deihziaka utkawmtaka (*voluntary*) kiniamkhiakna ahi.

Huai etsakna hoih mahmah ahihleh Jesu Khrist in akumpina leh lalnate nosia hong kihihawngthal a leitunga mikhialte tan dia hong paina ahi (Phil. 2:7). Jesu Khrist in mikhialte it a, a hoihna ding lel hilouin tangtawn hinna aneih theihna dinga hong kipumpiak angin, Ji leh Pasal zong itna leh hoihna ding ki-ettuahna in kiniamkhiak tuah un chi ahi.

Huchiin jiten a pasalte tunga ahih ding uh ahon gen masa hi. Hiai jite hih dia a genna poimoh mahmah a gentuantuan ahihleh '*kiniamkhiakna*' ahinawn hi. Hiai kiniamkhiakna ding ah a gen i mangngilhloh dia hoih mahmah ahihleh '*noumau*' pasalte kianga a chi sese hi. A kiniamkhiak ding a hon genna ah '*Jiteaw*' chi in numei pasal nei peuhpeuh adia hih ding poimoh mahmah alom in a hon gen hi. Himahleh a kiniamkhiakna ding uh ahihleh jineisa pasal khat peuh kianga kiniamkhiak ding himawklou in 'amau pasalte kiang chiat' a kiniamkhiak ding ahi nawn hi. Noumau pasalte achiha '*noumau*' a chih thupoimoh mahmah khat ahi. Huai tuh nanga

hia, kuamah toh na kikoplouh, na tangneih na pasal laka kiniamkhiat ding chihna ahi. Himahleh hiai thu paipela amau pasal kianga kiniamkhiaklou a midang pasalte kiang peuha akiniamkhiak Chiang un buaina ahong piang pahpah hi. Huaiziakin Paul in jite kiniamkhiakna ding tuh kua dang hilouin amau pasalte kiang chiat a ahih ding ahi chi hi.

Huai kiniamkhiakna hong kipatna ding ahihleh Toupa kianga kiniamkhiak bang ahih ding ahi. Huai tuh gendan dang in genle, Toupa na Tou ua na pom ua na kiniamkhiak bang un na pasalte uh leng huai bang pom unla a lakah kiniamkhiak un chi ahi. Huai tuh Sahrah in apasal Abraham nuai a kitahlut a 'ka toup' achi toh hong kizawitawn mahmah hi. *Sarain Abraham tuh toup chi a thua a om angin. Thilhoih hiha khemlauna himhim lauloua na om uleh Sara tate na hi ding uhi.* (1Pet. 3:6). Jite amau pasalte laka akitahlutna ding ziak uh ahon gen beh nawnna ahihleh Jesu Khrist saptuam' lutang ahimaha banga '*pasal pen ji lutang*' ahihziak a

chi nawn hi. Jesu pen saptuam (a pumpi) a dia hondampa leh lutang ahih a saptuamte Khrist kianga akiniamkhiak bang un, pasal pen aji adia lutang ahinawn hi. Huai omdan tuh Paul in pasal dinmun leng a utut a alak tawma, a gen a phuahtawm hilouin etton hoihlak nei a agen ahilai hi. Pasal pen adinmun thu a leng lu hihna nei ahihmanin Ji tuh apasal lakah 'bangkima' akiniamkhiak ding ahi chi hi.

Hiai a thumal 'bangkim' a kiniamkhiak ding pen khenkhat pasal ginalou neikhate a dingin ngaihhak abatna om thei hi. Himahleh mawlchikin genle Lai Siangthou in 'bangkim ah' a chih le tuh thiltengteng huap ahi mai hi. Lai Siangthou in a pasal huaibang ahihleh (*condition*) a kiniamkhiak ding chih neituanlou ahihmanin Jite'n amau pasal chiat laka akiniamkhiak ding uh chihna ahi mai hi. Huai bangkim a kiniamkhiakna kingakna tuh thildang bang dang ziak hilouin 'Khrist laka na kiniamkhiak bang' a kiniamkhiak ding chih ahi nawn hi. Huai omdan tuh Ji khamitna a

pasal zahtakna ah kilang chihna ahi. Jite amau pasal laka a kiniamkhiak zoh kei a thumanglou leh helhat a om leh Jesu Khrist laka kiniamkhiak zoulou, Jesu Khrist a Toupa a bawl zoulou chihna ahi. Huaiziakin, Jite Pathian itna, a khamitna muhtheihna kilatna tuh amau pasal chiat a bawl dan uleh, akiniamkhiak leh niamkhiak louh uah akilang mai chihna ahi.

Jite a agen khit in Pasalte hih ding leng a hon genzom nawn hi. Pasal ten amau Jite chiat tunga ahih ding ua Lai Siangthouin a deih ahihleh 'It' ding ahi. Hiai tuh Ji leh Pasal kha a thupiak nihna poimoh mahmah ahi. Pasalte aw, na Jite uh it un a chi hi. Hiai a Lai Siangthou in Jite it dan ding a deih khat a thumal zat ah hong kilang om hi. Huai tuh Greek pau ah 'Itna' kichi thumal tuamtuam anei uhi, a huai dungzuiin itna chih zatdan leng a tuamtuam in a khentheih hi. Khatna ah 'agape' hiai tuh aziak a san omlou a itna ahi, huai tuh gendan dangin genle Pathian hon itna ahi. Nihna ah 'phileo' ahi a, huai tuh lawmta ki-itna ahi. Thumna ah 'storge' ahi a huai tuh innkuan leh

tanau ki-itna ahi. Lina ah 'eros' huai tuh nungak tangval ki-itna ahi. Huaiteng laka a Pasalte kianga Jite itna ding Lai Siangthouin a gen ahiehleh 'agape' itna a Jite it ding a deih hi.

Huai tuh ngiat (*condition*) omlou a Jite itna ahi. Pasalten amau Jite chiat aziak, asan ngait omlou a it ding uh chihna ahi. Huai bang itna tuh Pathian' hon itna ahi. Huai bang itna koi ah i mutheia i chih leh Jesu in saptuamte a it a pumpi akiapiak banga it ding achi nawn hi. Gendan dangin genle kua hiam sik leh tanga 'kipumpiakna' tuh itna thupi penpen ahi i chithehi hi. Johan in "*Mihing in a lawm a dia a hinna apiak vala itna thupijaw kumahin a nei kei*" ana chi hi (Jn. 15:13). Huaiziakin, Pasal ten amau Jite a itna uh a laksak theihna thupipen tuh a Jite uh sik leh tanga kipumpiak a itna ahi (Jn. 10:11, 15, 17).

Huchia amau tuh 'tui a sila thua a hihsiangthou theihna dingin' a chi hi. Hiai tui a sil kichipen Lai Siangthou suut mite gendan kibanglou om hi. Khenkhatin

'baptisma' gen ahi achi ua, khenkhatin lah Jesu Khirst in mikhialte amah a dia siangthoua abawl hotdamna tungtawn a hihsianthoua gen ahi chi uhi (Tita 3:5). Hiai ngaidan apomtack huaina ahiehleh Paul in Ji leh Pasal kal a genna ah Pasal in Jite chiat uh amau a ding maha a it ua akepsiangthou ding uh chih toh hong kituak mahmah hi. Hiai ngaihdaan a pomtack huaina nawn khat ahiehleh Paul in huai hunlai leh tulai tanpha a tawndan tuamtuamin a zat uh nungak pasal nei dekten 'mou kisilna' (*bridal bath*) hiha apasal a dia siangthoutak leh kilawmtaka apasal adia deihhuaitak aom uh lungsima neia agen hi ding chi uhi. Jesu Khrist in saptuamte amah ading mah a aitna ziaka hotdamna toh silsiang a pom mah bangin Pasal in Ji pen itna toh silsianga amah ading mah a Ji hoihpen ahiesak ding chihna ahi. Huai itna toh tui leh a thu a silsiangna in a tuailuai hun ua leng it teiteina, a damtheihlough hatlough hun a zong it vevena, pansan leh ngiat neilou a itna, *agape* itna ahi. Huchibang itna toh Jite a it chiangin saptuamte Khrist a dia '*niin banglou,*

*vuailou'* a ittupa mah adinga pomtak hithei dingin nupa kal leng aom ding hi. Jesu Khrist in a pumpi (saptuam) a it a akep siangthou bangin, pasal inleng a Ji amah pumpi mah bangin a ita akepsiangthou ding ahi. Aziak tuh amah Ji itpan amah pumpi leng it ahi, pumpi itpan tuh a pumpi keplouh leh zuunlouha koih ngeilou ahihziakin. Hiai in nupa pumkhat ahihna uhleng a langsak hi, pumkhat ahihna ah khatpen nelhsiaha khatpen kephoih chih omtheilou. Amah Ji itpa amah ki it ahi achi hi (Gen. 2:24). Khrist in a saptuam (apumpi) a it a, a kep a avak bangin pasal a Ji (apumpi) a it in a kepsiangthou ahi.

Huchibanga Ji leh Pasal pen pumkhat ahihziak un, Pasal in a 'nu le pa paisanin a Ji a len chinten ding' a chi hi. Hiai hih ei singtangpa ngeina dan toh kituak saklouhna aom hi. Ei singtangpa paidan in bel Ji in anu leh pa paisan a Pasal a belh ziakin. Hiai toh kisai gendan tuamtuam a om hi. Khenkhat ten hiai in pumkhatna gen ahihmanin nupa kipolhna amah Ji kia mahtoh kizopna gen ahi chi uhi (1Kor.

6:16). Himahleh hiai ngaihdan khenkhatten pomtheilouin, hiai in taksa thila kizopna lel gen hilou ahi chi uhi. Taksa thil a kizopna sanga lianzaw gen ahi chi uhi. Huai ah tuh, lungsim a kiziopna, thuneihna leh mohpuakna leng huamtelin a Nu le Pa toh kizopna sanga a Ji toh kizopna pen poimoh zawta chihna ahi.

Huai i chih chiangin Nu le Pate nungngata, kituamhui a khosakna leng a tuam mawngmawng om a, apoimohte u zong ngaihsaklou ding chihna hilouin Pasal in a Ji amah muanga bel pen ngaihsak masak leh awlmohpi pen a aneih ding chihna ahi. Huchia lungsim munkhata a Ji toh hong om chiang un a Ji alen chinten thei ding. Lai Siangthou paubul a gelh dan bang ua let ding hi leng a Ji ah abelh tinten ding, huai tuh sik leh sik a electirict a kisoumat bang belh ding chih lam genna ahi. Huchia kibelhkip, kilenkip chinten na nana tuh pumkhat ahong suak uhi.

Pual in hiai kitenna tungtawna a gen-ut khat poimoh mahmah om 'thuguk' khat a hong gen a, huai



tuh 'Khris̄t leh Saptuam' ahi hon chita hi. Hiai kitenna in Khris̄t leh saptuam etsak nei a kagen ahi, huaiziakin hiai thuguk a thupi ahi chi hi. Lai Siangthou ah thuguk (mystery) in chih chiangin gentheih tuamtuam a nei hi (3:3, 4, 6:19; Rom.11:25). Hiai tuh 'thuguk' bang achihtheiha, huailouin 'thillamdang' bang leng achihtheih zel hi. Huan thuguk hiam thillamdang i chih sapsap lakah leng mihing theihtheih mawngmawng louh thillamdang leh thuguk chih aom nawn hi. Huai banah, thillamdang leh thuguk i chih lakah leng Pathian in alakhkiakma teng kisel, Pathian a thilkisel, mihing a theihtheihlouh, Pathian in ahon lahkiak chiang kia a theihtheih panphet thilte chihna leng ahi nawn hi.

Hiai numei leh pasal kitenna thuguk leh thillamdang ahihna gendan tuamtuam in a gen uhi: Khatna ah Pathian leh mihing kitenna, nihna ah Genesis 2:24 in a gen mihing kitenna in gen theih a thukzaw nei ding ahi chih leh, a thumna ah alamdang na mahmah ahihleh mihing nih ahong kiten chiang ua 'pumkhat' hong suak chih mawk tuh thillamdang mah ahi chi uhi. Hiai ah Paul in numei leh pasal kitenna in Khris̄t leh saptuam kigawmna etsaknei a gen-ut ahihleh pasal in a ji a it akep (nurture) bangin Khris̄t in a mou (saptuamte/apumpi) it in a vak hi, huchiin pumkhat ahihna uh a taklang hi (t.28-30). Huchi in hiai a gente tengteng khitna tuh 'pasal in a ji it ding leh ji in apasal zahtak' ding in a khin hi.



ReST warden residence ding honkhiak in om



## NAUNGEK BAPTISMA

*By: Pastor K. Dongkhankhup*

*Youth Leaders Gathering 2022 (YLG-22)*

### **Thupatna**

Ginna nei, piangthakte Baptisma pia a saptuam a laklut ahi. Huai “Gingtute’ Baptisma” akichi. Hiai pen tua I buaina ahi kei. I ngaihtuah ding tuh gingtute apan piang, naupangte bang loh ding? A ngeklai ua baptis di maw, ginna a puankhiak theih uh ngak ding? Naungek baptis ding hiam, ginna puan chia baptis ding chihte Bible ah Chiangset a genna aom kei. Thukhunthak ah naungekte’ baptisma tanna etsakna leh kigenna aom kei. Baptisma piak hun tuh a tangpi Bible’ sinsaknate lakkhawm a huai toh kituak a hih ding ahi.

### **Hehpihna Thukhun**

Mihing’ lam apan ut/utlough, deih/deihlough gen omlou; kikapna omlou; Pansan, ziaak omlou (**langkhat kia apan**) **hehpihna ziaaka** Hondampa thuchiam tuh **‘hehpihna thukhun’** ahi. Hiai tuh Adam kianga puankhiak, Gulpi (Setan) lu hihsidup ding Messiah chiam (Gen.3:15). Abraham toh tunding, Chii (seed-Messiah) thupitak a bawl ding thuchiam (Gen. 12:1–3; 15:1–7; 17:1–14),

Abraham apan a tapa Isaac (Gen. 26:1–5, 23–24) leh a tupa Jacob (Gen. 28:10–15; cf. 48:15–16; 50:24) a hihkip a om. Israel nam a ki sunzom (Ex. 2:24; 6:2–8), amau ah Mosi dante behlap hong hi, Khrist hun tan a kizang (Gal. 3:17–19).

Khrist ah Abraham a thuchiamte hihbukim hita (Gal.3:16, 22–28). Jesu Krist nung a khalam suante a **Thukhun** ki sunzom, paizom zel

(Gal.3:7-9, 25-26). Thukhun Thak a Hotdamna ding **dan thak** om chihna hilou in, ni thak, hun thak hong kipan chihna ahi. Theological term ah hotdamna paidan “ordo salutis” hilou, Hotdamna tangthu “historia salutis” ahi. Krist I siamtanna dia kaihthoh hinaikei mahleh (historia) (Rom.4:25), Abraham ginna a siamtansak ahi (ordo) (Gal.3:6).

**Baptisma, Thukhun Chiamtehna leh namkipna ahi.**

Thukhun Lui ah Pathian in **thukhun** chiamtehna din Abraham kiang ah **zeksum** thu pia. Huai penpiching leh naungekte ah akibang a zat, Pathian’ thukhun mite chiamtehna ahi (Gen. 17:9-14).

Abraham apan salam khang hongpai pen Jesu ah phaktawp tungta (Gal.3:16, 19). Thukhun Lui a pasalte tungtawn a thukhun chiamtehna pen Thukhun Thak ah khalam suante miteng (Juda; Jentel; pasal; numei) in atan theih chiamtehna **Baptisma** in zeksum khengkha; Zeksum baptisma a kikhek (Nas. 8:12; Kol.2:11-12) Ginna a Krist toh pumkhat hitate

adia- Hehpihna Thukhun namkipna (seal), Krist toh kizopna (Rom.11:7-24), kipumkhatna (Rom.6:5), khelhna maisakna, hihhinna, ta a bawlina, Tangtawn hinna. **Tui** in Krist sisan a khelhna lakmang (silsiang) leh, khelhna thununna leh pianken gitlounna te apan Krist Kha a hihsiangthouna kawak ahi. A **Baptis** (teh/buah) in Krist sihna leh thohnawwna tawn a khelhna sihsanna leh khelhna apan thoukhia a hinkhothak a hinna a kawak hi.

**Gingtute naungekte Baptist ding ziak**

1. Thuchiam gingtute leh a tate uh adia bawl ahi “...a *chiam nou ading na tate uh ading...*” (Nas.2:38-39). Kha siangthou piak chiam tuh, “nang leh na tate ading, gamlapi aomte ading, Toupa Pathian in amah lam a asap tengteng ading” ahi (Nas. 2:39).

2. Abraham leh Gospel hunte ah gingtute tate ‘Hehpihna Thukhun’ sunga telsak ahi; thukhun chiamtehna hamphatna (Zeksum/ Baptisma) atang uh (Gen.17; Kol.2:11-12). Saptuam a polam

vualjawlnate ah leng hamphatna tang uh. Lidia leh Phillippi suangkulh vengpa te inkuan baptisma tang uh (Nas.16:14-15, 30-34). Apostolte hun lai apan inkuan a baptisma tan ana ching uh (1Kor.1:16). Abraham hun in thukhun inkuan a piangte thukhun chiamtehna naungek ahihlai ua piak ahi. Abraham a thukhun paizom zel ahihman in, thukhun mite sunga piang naungekte chiamtehna thak **baptisma** piak ding ahi.

3. Jesu'n naupangte pom, kipahpih, vualjawl "*vangam hichibang mite a ahi*" chi (Mat.19:14; Mk.10:14; Lk.18:15). Pathian lalgam tuh tuni adi'n **Saptuam** ahi (Matt. 16:18-19). Pichingte muhtheih a baptisma tungtawn a Saptuam a pomlut ahihbang ua, naupangte leng Pathian lalgam adia baptisma tungtawn a laklut ding ahi.

4. Baptisma piakma a siangthousa ahi uh (1Kor.7:14). **Siangthou** – hotdam ahi ngeingei chihna hilou, khovel apan khenkhiak, Pathian misiangthou, muhtheih saptuam a laklutna.

5. Khovel toh kikhenna ensak (Ex.12:48; 2Kor.6:14-18; Eph.2:11-12). Zeksum in Abraham leh a tate khovel apan khenkhiak, satkhiak leh Pathian' mi hihna gen. Zeksum in a kawk leh etsak **thupipen** Tapa (chii) Messiah satkhiak a omna 'Krist a zeksumna' ahi (Kol. 2:11-12).

6. Pathian toh kizopna ahi (Gen.17:10-11; Mt.28:19; Nas.2:38-39, 8:12-13). Khalam, sunglam, lungtang siansakna (Ezek. 44:7; Rom. 2:28-29) leh, Abraham leh ginna a khalam ta diktakte ensak (Rom.9:7-9; Kol.2:11:12).

#### **Ginna leh Baptisma**

Bible in Baptisma a tangtu' **ginna puanna** (testimony) ahi chih agen kei. Ginna, mipi lak a kipuanna, chihte Baptisma piak theihna dia poimoh, hunlem ahi (Nas. 8:12; 18:8). Baptisma piak hun a ginna thugen adik in akituak. Himahleh, baptis pen (tui, thusam) a tangtu tung leh amah toh kisai a **Pathian gen** ahi. A tangtu pen, Krist min a petu Siampu apan a ngahtu ahi lel (Matt. 28:18-20; cf. Nas. 2:37-42; 8:16; 35-38).

Baptisma gahsuhna tansak hun kia aom ahi kei (Jn.3:5,8). Gingtu masate tate baptis in aom ua, Kristian ginna a thuhilh, pi leh lamtough in aom uh (Eph. 6:1-4; Kol. 3:20-21), huchiin, Toupa kipahna leh hoihsak dungjui in, Khasiangthou piak chiam a kiang ua piak in aom hi. Hehpihna chiam tang dingte kiang ah, Pathian vaihawmdan leh hun seh in Khasiangthou suklat leh piak in aom (Gal.3:27; Eph.5:25-26; Nas.2:38,41).

### **Thukhitna**

Thukhun thak koimun mah ah naungek baptisma piak di thupiak aom kei a, khamna leng aom sam kei hi. Hiai thudik theikawm in, naungek baptisma toh kisai Laisiangthou' sinsakna tuamtuum lakkhawm apan thukhitna point 3 in I gen ding.

*Khatna ah*, Thukhun Lui hun in, Abraham in ginna a puankhiak nungin zek a sum (Gen. 17:22-27), himahleh Isaac tuh ginna a puankhiak ma a zeksum ahi (21:4). Zeksumna a thuchiamte hamphat pih dingin Toupa a ginna a poimoh

hi, himahleh huai chiamtehna leh namkipna sepkhiak pen ginna a neih hun utoh kizopna anei kei (akibat a kul kei). Zeksumna leh Baptisma a kibang ahi (Kol.2:8-15), huaiziakin baptisma tuh ginna puan hun toh a kizuih akul sese kei hi.

*Nihna ah*, Thukhunlui thuchiamte tuh piching leh a tate uh kianga piak ahi a, huan hiai tuh zeksum a lah ahi. Huchi ahihleh, gingtu pichingte tate a thupi zaw leh hoih zaw Thukhun thak thuchiam chiamtehna piaklough ding tuh ngaihtuah haksapi ahi. Peter in Thukhun Thak thuchiam gingtute tate adia piak ahi chih Chiangtakin hon hilh hi (Nas.2:38-39). Thukhun Thak a baptisma kigenna tengteng a 25% tuh inkuan a baptisma tanna ahi a, huan hiai inkuante ah naupang tel ngei ding ahi.

*Thumna ah*, Zeksum in Thukhun Lui ah naupangte muhtheih in a koihtuam, huai bang in Toupan Thukhun Thak a Gingtute' tate muhtheih Saptuam ah a simtel hi. Gingtu nu-le-pate' tate Pathian adia sehtuam ahi uh (1Kor. 7:12-14). Zeksum bangin, mimal ginna lou in

baptisma bangmah a phatuam kei. Himahleh muhtheih saptuam a simtel ahihna a ensak a, aman Pathian a ginna a neih keileh vaihawmna a tuak ding (Lk. 12: 41–48).

Naungek I baptis in I baptis kei zongin, gingtute taten Toupa toh kizopna gingloute tate neihlauh a tang uhi (1 Kor. 7:12–14). Muhtheih saptuam a Pathian thu kigente za leh ngaikhia, ban ah kepna leh etkolna bangkim a tang uh. Saptuam in naupangte Krist thu sinsakna leh hihna ah panna nei mahleh, Nu-le-pa, inkuan, leh lawmten Jesu tanchin naupangte kianga tuh (hilh-piak/koih) ding ahi

## Characteristics of Effective Sunday School Teacher

By: Mrs. Rithanglian Tombing

Sunday School sinsaktu i chih tuh Naupang man dia seh a omte hi uh. (Mt. 4:19)

### I. Sunday School tup leh ngim:

- a) Naupangte Khrist kianga pi.
- b) Khrist batna a khansak ding.

b) A thusinsak ding theichian (Mt. 7:28-29; Jh. 3:11). Thumna toh nakpi a kisakkholh ding. Text bu leh Bible reference kipia-te simsuak ding.

### II. Sinsaktu thupipen – Jesu Khrist

- a) Sap leh sawl ahihna ngai poimoh (Jn. 10:10-11; Luka 19:10). Sunday school heutu hihna Pathian sapna ahihman a ngaih poimoh ding.

c) A sinsak mite theichian (Jh. 2:23-25). Naupang te min, mizia, lunglutna, taksap, dinmunte uh theih ding.

d) A sinsak dingdan thei (Jh. 2:7).

**Class lak ma a hih dingte:**

Amau lutma a room a om di; thumna, memory verse, Bible bu minte, apostles' creed, ten command-ments, doxology te zilpih zel ding.

**Sinsak ding dan:**

- a) Phur tak a gen di; Khalam a kilamdanna a tun ding deihna toh hoihtaka sinsakna piak ding.
- b) Nuihmai ding
- c) Thumdan sinsak ding; a theih siam di uh kampau zat ding.

**Thum didan:** 10 mins thum hun sung in:

- 5mins – kipahtu genna/ phatna a zang ding
- 2mins – khelhna thupha tawi na a zang ding
- 2mins – midangte adia thumsakna (sangganste, tanaute, lawmte, heutute, pastorte)
- 1min – nang adi.

e) I sinsakte repeat thakthak ding. Khatvei thu a theikhin veklouh.

f) Ngaihdan tuam, (lesson a nang sinsak louh dan) a om leh thuak zou di, theisiam sak di.

g) Visual aids – negative lam – smoking, drinking drugs, party chih lamte lahsak louh or a tawm thei lam hih di.

h) Senior / Junior High – weekly fellowship neihpih hoih mahmah.

i) Field trip/ outing – neihpih zel hoih.

**III. Khristian sinsaktu chinnte (Qualifications)**

a) Piangthak – hotdamna kitheih chetna a neih teitei ding. (1 Jh. 3:5,7)

b) Bible sim leh thummi ahing ding (1Thess. 5:17; Rom. 12:12)

c) Biakinn kai limsak (Heb. 10:25)

d) Mi toh kilem; heh pahpah lou (1Jh. 4:20-21; Sam 37:8; 86:15)

e) Lungsim chidam (Phil. 4:8; 2Tim.1:7)

f) Pathian limsakna toh kituak silh leh ten a kichei.

g) Taksa leh pumpi kem siangthou mi (1Kor. 6:19-20)

h) Mohpuakna ngai poimoh (Kol. 3:23-24; gal.6:9)

- i) Kampau a pilvang mi (Eph. 4:29; 1Tim. 1:12(b))      k) Sum leh pai a ginom (1Tim. 6:10)
- j) Hun zat siam – pawng pawt pawt lou (Eph. 5:15-17)      l) Mi chitak (Pau. 12:22, 19:1)
- \_\_\_\_\_ m) Deih saktuam neilou (1Tim. 5:21)

## NAMCHIH APAN

Matthew 28:19a

Deacon N.Pausuanhau

@ Vontawino

*Nungzui*  
BWL UN

### Thupatna:

Sep ding a vaikhak amah nungzui ding in mite i suah sak theih na lampi a hong hih lam en in hih lai kong gelh nawn hi. Ka lungsim hong khoih ten ten i gingtu hinkhua zat dan te uh Khrih gim nam nonlo a bat hun om in ka mu a, Pasion lam ah kuapeuh mah bah leh zawi pian sim dedu mawk a bat tak ziak in puak nat huaikasa mah mah hi. A diak khol in i saptuam leh i vengsung a sep ding om nonlo bang a ngai a i om khak ding uh lauh thawng huai kasa mah mah hi. Puah puah zun zun loh a nusiat mai theih ahah loh dan ka tak lang nuam hi. A gah i loh ma tan, ann i lak matan a nungzui a te iki tok halh toh zel uh ka deih zaw hi...

### Kua ten nungzui bawl thei ding:

Nungzui bawl na ding in ei mah tawh Khrih iki tuah kul masa hi. Jesu in amah nungzui ding a ateelsa te kiang ah a vai khah thu ahi cih i theih chet mah mah sa ahi. Tua ahah leh hi thuei tung a paik ahi kei ci thei bang i om zen zen

khak ding lauhuai mah mah hi. Hih thu pen ei kiang a zong piak ahi cih i theih na ding in nungzui i suah phot ngai hi. Tua ciang bek in nungzui i bawl thei pan phet ding uhi. Jesu nung zuih na ding in kalbi khatna (1<sup>st</sup> Step) pen- i om lel lel na mun hi pah hi, na tu a - na ding



zongin, nna nasep lai tak ahi a - ann na nek laitak ahi zongin, na zawng a - na hau zong in hi thei vek ahi. Hi bang hun laitak in nang na ki piak a thupukna (decision) na lak nak leh nungzui mi na suak thei hi. Simon leh Andrewte unau in Jesu nungzui ding akisak tak un a ngente (fising nets) uh nusiah in a zui pah uhi. I Topa'n hih unau tegel asap lai in sep ding uh gen kawm in asam ngal hi. A sep ding uh ahieh leh- *'kei hong zui un'* a cih zoh in *"Nga mat bang in mi tampi a huaite kong suaksak ding hi"* aci pah hi. (Marka 1:17&18). Hih mite'n thupukna ala pah ua, a ngente uh nusiah in Jesu a zui uhi.

**Nungzui dinga chitna:**

A khen ten kei zaw huai ding in kaching zo kei hial hi. Tang thupha gen ding leh Khrih nungzui di'n kua hiam bang mah citlohna di a om kei hi. Jesu nung zuihna ding a chitna (qualification) bang mah ngai a om kei hial hi. Pilna leh siamna neih ziaak a Jesu nungzui ding a pang thei ding, ahieh kei leh thugen siam lasak siam ziaak a Jesu nung zui a pang thei ding cihte him him bang mah a om kei hi.

Himahleh citna khat bel a om a, tua in UTNA (Sarifice) ahi. Amah nung zui ding a utna i neih ngai ahi. Thukham lian pen leh thu piak lianpen Jesu'n a gen na ah, **"Na Topa Pasion na lungsim khempeuh, na nuntakna or na kha khempeuh, na pilna khempeuh leh na tha hatna khempeuh uh tawh na it un."**(Marka 12:30) cih ahi. Tua hih leh Jesu nung i zuihna a utlo pi pi a zui hi lou in mahni ki pumpiak na leh ut mah mah na tawh amah nung zuih ngai ahi. A haksat luat hun zong hong om ding a, gentheih hun leh dah hun zong hong om ding hi. A diak khol in lungkiat hun hong tam mah mah kha thei hi. Tua bang hun i tuah ciang in zong na zuih pa thei gige in ci nuam ihi.

**Nungzui bawl ding:**

Awle hih tawh kisai ah sepding/ tavuan i nei cih a ki chian mah mah hi. Bawl i cih ciang in ei ah ki pat khiat ngai khat hong om a, tua pen sep ahi. Nung zui bawl i cih pen Tanchin hoieh a thei nailo te kiang ah va hilh zual a, va thuzoh (convince) ciang bek in ahi thei tan om sam mah leh tua tan

bek hi theilo hi. Nungzui bawl na leh lo nasep icih tehkak theihna mah mah om a, a min dildel ban ah a gah i nek matan a sep sep leh puah puah pen nungzui bawl na diktak hi zaw pek hi. Lo bawl mite'n lo a hahsiang ciang un khaici a tuh ua, tua khaici a tuh tan bek un a hun sak kei uhi. Khaici hongpo khat ciangin lopa/hampa toh hong po khawm zel nak hi. Lokhopa in et loh in tua bangin koih leh lopate'n deep gawp ding a tua khaici pen a gah nek ding omlo in si vek ding uhi.

Lo bawlpa'n tua thei ahih man in a lo veh zel zel in, lopa te khokhe zel hi. Tui leh lei hoihna ding tuam tuam te khaici ten a tak sap dingte uh guan zel a, tua bang a asepuah azun zun ciangin annlak hun in kilawmtak gah ala thei hi. Tua mah bangin nungzui bawl ding nasepna ah i phuhkhiak Saptuamte/Nungzuite pen a hatna ding tan a puah puah zun zun pen ei nungzuite nasep thupi pen ahi. Nungzui bawl na nasep ah gimhuai mah mah a, a gah zong tam in manphatak a gah khiak tei ding cih pen nungzuite nasep ahi.

### **Nungzui bawl na mun:**

Nungzui ding bawl na in phak cia (area) a nei kei a, i Laisiangtho in mi teng teng kiang a bawl ding in thu hong pia hi. Tua pen Namcih a bawl ding ahi cih pen bil aibah gige angai hi. Amasa pen in na phak na ciang ciang ah nungzui na bawl ding ahih dan thei cian masa leteh hong zangkhai thei kha ding hi. Christian ahi sa mite kiang ah nungzui bawl ken cih khong in ngaih tuah kha zen zen ken. I gensa bang in khaici te lopa in a dep gawp ciang in lo bawl pan a a hahsiang bang in na Christian pih te zong thutak leh phatna ah a bah luat ciang un na zun na puah puah pen zong nungzui bawl na nasep na ah na pan na cikhat hipah hi.

Koi mun peuh a na om zong in, na lawm na paai te, gingu hin gingu mi hi leh zong Pasion phatna huang sung a na pi lut lai teng nungzui bawl bawl niloh na hih lam ki tel khial ken. Mite belam huang ah na pii lut theih gige na pen na nasep ahi cih manggilh ngei ken. Tua hi leh a tawp na hun hong tun ciangin a gah na at ding a, bulak hun hong tun ciang in an na kham ding na la

ding hi. Na tun na ciang ciang ah nung zui bawl ding ahi zaw hi.

**Nungzui bawl ding dan:**

Lam tuam tuam a bawl theih ahi. Lo nasep a liat dung zui in mi tam i lak ngai mah bang in, nungzui i bawl na ding lian lua mah mah ahih man in a sem ding zong i tam ngaipah hi. Ka cih nopna in i thupi tung tawn leh i laisiangtho deihna bang in namcih a bawl ding ihih ziak in tha tampi na lak ngai hong suak hi. Na pan theih zah zah a na pan na pen in, leh asem a bawl te thil piak ahi a, thumna ahi a, cihtakna ahi zong in na pan ciang in, namcih a bawl Topa nungzui a suaksak tu na hi gige ahi zaw hi.

Lo khoh i gen sa ahi a, hi mah leh a khoh dan tuam tuam a om, alo zong a tuam ciat om hi. Mi siam ten lo nasep ci thum in a khen ua, Subsistence Farming (Innsung taksap na a ding), Commercial farming (Bazaar/Market a zuak ding khaici) leh Home farming ( Inntug zang leh huang neu khat a a zing zing aachiing neneuhte) ahi ua, En bel a vek a gawm khawm in lo i bol sek uhi. Lo bel a tangpi in

Singtang lo (jhuming/shifting caaltivation) bang, tuilo ( paddy field) bang leh meh lei cih dan khong i bawl zaw deuh uhi. Tuilo i bawl dan leh singtanglo i bawl dan zong a ki bang kei a, a van zatte zong a ki bang vek kei hi. Zat khawm theih om a zat khawm theih loh om hi. Etsakna di'n tuilo leh singtanglo ah- tu, tem leh kawite khawng zat khawm theih a, langkon cih khong zat khawm thei loh hi.

Tua mah bang in nungzui bawl na nasep ah ki banglo a zat khawm theih van leh zat khawm theihloh van om hi. A ki zang khawm thei leh zatkhawm theihloh van a om mah bang in, nungzui bawl na ah zong tua bang mah in om hi. Akhen ten thugen na tawh nungzui bawl thei ua, a khen te'n piak khatna tawh bawl thei om leu leu hi. A khen ten lah phatna leh pahtawina tawh bawl om a, a khen te leu leu in om dan in bawl thei zel hi. A mun in zong hong puak hun a om ding a amun zil a bawl ding dan bang om ding hi. Tua ahih man in na siam dan dan leh na bawl theih

dan dan leh na zat theih pen pen  
van zat zangin nungzui na bawl ding  
pen thupiak bangin na lungtang tung  
ah a om det kul leh poimoh pen  
hi. I hih theih na ciat uh suah in nung  
zui bawl ni.

**Thuphapiakna leh hasotna**  
Jesu Khrih nungzui suak a namcih  
a nungzui bawl zo ding in Nang mah  
tawh Pasion om khawm ta hen. Jesu  
nungzui mi a bawl zo ding in Pasion  
in hong vualzawl ta hen.

*Report*

## **TEACHERS ORIENTATION 2022**

**Thupi:**

*“Limsakloutak a Pathian nna semmi mi hamsethuak in om hen”  
– Jeremia 48:10a*

**Ani:** June 10-12, 2022    **Amun:** Rayburn Presbyterian Church

Presbyterian Church in India (Reformed) nuai a Sinsaktute (*Sunday school leh Village school*) a ding in anuai a bang in **Teachers Orientation** neih ahi.

### **SESSION-I**

1. Heutute tengteng adia hasotna/ hanthawwna thugenna hun mipi biakna toh thuah ding.
2. Thumsakna hun ban ah Toupa adia muanhuaisem a pang dia chouna/ thupukna hun a zat ding.

### **SESSION-II**

*“Child Psychology” & “Characteristics of effective Sunday School Teachers”* toh kisai leng Seminar hun khat tuak zat ding; huaizoh Sinsakna neih sate toh kiton a thiltuahte kikapna hun (Interactive Session) zat ding.

June 10, 2022, nitak 6:30PM in Elder B. Lutthinthang, Moderator GAWC in “Teachers Orientation 2022” hong khia hi. Phatkhawmna Praise Team makaih in nuamtak a neih ahi. Rev. H. Thiankhanmuan, Coordinator (*Institutions*) & PCF in vaidawanna, pulakna leh tup-le-ngim pulakna hun zang hi. Rev. Dr. Khen P. Tombing, Chief Coordinator in Christian Leadership chih thupi pansan in hasotna leh thugenna hun zang hi. June 11, 2022 zinglam 10:30AM in Ms. Mercy Chingnunhoih, Head of Department Psychology, Rayburn College in “Child Psychology” chih sinsakna nei hi. Huaizoh sunnung 1:30PM in Mrs. Rithanglian Tombing, Director Agape-Acts in “*Characteristics of effective Sunday School Teachers*” chih nuamtak in hon neihpih hi. Nitaklam in class-wise a kisinsakna neih hi a, sinsaktute ahi uhi.

<u>PAWL</u>	<u>SUBJECT</u>	<u>SINSAKTUTE</u>
Beginner 1	Khristian Thugin Bulpite 1na	Mrs. Chingboi Tombing
Beginner 2	Khristian Thugin Bulpite 2na	Mrs. Chiinhoihkim
Beginner 3	Ginna a Mi Thupite	Mrs. Rith Tombing
Primary 1	Jesu Khrist, Hondampa Lamdang 1na	Mrs. Sianching
Primary 2	Jesu Khrist, Hondampa Lamdang 2na	Mr. Liansuanthang, H
Junior 1	Ginna a Mihangsante	Rev. H. Thiankhanmuan
Junior 2	Thukhun Tate' Hamphatna	Elder V. Nunlian
Junior H 1	Jesu Khrist a Kibulphuhna	Mr. Lalpu Hangsing
Junior H 2	Gingtute' Mohpuakna	Eld. G GinSuanthang
Junior H 3	Gingtute Laisiangthou a kibulphuhna	Pst K. Dongkhankhup
Senior 1	Reformed Thugin Bulpite	Mr. Kapsuanmung
Senior 2	Khrist Nungzuihna Hinkhua	Pastor G. Suanzalam
Village School Teachers		Sir Pauzahuan Hanghal & Team

Nitak biakna 6:30PM in kinei a, mimal a lasa siam Ms. Zengaihsang leh Ms. Mercy Dim-nunsang chihte'n phatna laa siamtak in hong sa ua, Rev. Dr. G. Pau Muanthang, Coordinator

(Ministries) in “*Church & Ministries*” (Saptuam leh Anasepte) chih thupi pansan in genna hun zang hi.

June 12, 2022 in class-wise in kisinsakna neih hinawn hi. Huai zoh in sunnung 1:30PM in Rev. H. Thiankhanmuan & Sir Puzamuan Hanghal in “*Interactive Session*” makaih uh a, topic tuamtuan kikupkhawmna leh kiasottuahna kinei hi. Nitak biakna 6:30PM in kinei nawn a, huai ah PCI(R) Central Choir in phatna laa siamtak

in hong sa uh a, Rev. H. Chin Thiansong, Coordinator (Missions) in “*Missions*” chih thupi zang in thutak genna, Toupa adia kipekhe ding a chialna leh thumsakna hun zang in, Elder Langkhanpau Guite, Moderator GA in program khakna nei hi.

Hiai Program lohchinna dinga Thumna, sum-le-pai, tha-le-zung seng a hon huhtute tengtung ah Committee in kipahtu ka hon gen uhi. Toupa'n hon vualzawl chiat hen!

### **Organising Team/ Logistics**

Convenor : Rev. H. Thiankhanmuan  
 Co-convenor : Elder T. Zuanthang  
 Secretary : Deacon Hau Samte  
 Asst. Secretary : Mr. Mang Samte (*Information & Media*)  
 Treasurer : Ms. Esther Ngainunsang

### **Volunteers**

Mr. Siammuan Tonsing; Mr. George Mung; Mr. Tunpau Thomte; Mrs. Niangboi; Ms. Lunniang; Ms. Ching Rebecca; Ms. Sophia Niangngaihman; Ms. Joyce Chhungbiakmawi

### **Praise Team**

1. Elder K. P. Vanlalsanga, Rayburn, Leader
2. Mr. Minlian Dousel, Elim, Asst. Leader
3. Mr. Dongminthang, Rayburn
4. Mr. Aumuansang, Mualkoi

5. Mr. Lianzaman, Rayburn
6. Mr. Khamlalmuan, Rayburn
7. Mr. Kapthianlal, Bethel
8. Mr. Khamlalmuan, Rayburn
9. Mr. Kapsonlian Guite, Olive
10. Ms. Ngaizamoi, Bethel
11. Ms. Niangmuankim, Bethel
12. Ms. Thianhoih T, Mualkoi
13. Ms. Niang sen-it, Vaalveng

# ReST SUNDAY

Reformed School of Theology, Principal Office apan in ReST Sunday Chibai!

Awle, Pathian hehpihna ziakin ReST tungtawn a Pathian' gam nasepate hiai a nuai a bangin saulouin ka hon taklang hi.

## 1. Masawnnate:

i. Tui kiningching: Hun sawt kuamtak apan i buaipih uh ReST campus a tuidawn ding ahi. Hiai bang tui haksatna i tuah sung in ka inn ua Well apan tui kila in Pickup gari zangin ReST a tui zat ding kum 3 sung ding mawngmawng ki supply hi. Huai bang haksatnate hihven na dingin Rev. Dr. Khen toh kithuahin panlaktheihna dandan zongin pan kila tou in Covenant

Children's Home te tuivuhna zangin tui kivut a, feet 310 tan kivuh nungin lochingtakin April 7, 2022 in kizoua, tu in tui kiningchingtak kineita hi. Hiai tui vuhna ah a vekin **Rs. 410,780** kiseng zou a, huai lakah tui vuhman Rs. 217,000 Rev. Dr. Khen in hon siksak a ReST in material cost leh semtutte nitha man Rs. 193,780 kiseng in tui hoihtak kineita hi. Pathian min phat ni.



**ii. Activa Scooter:** Kum 3 sungvel mah Activa secondhand khat zang a Caretakerte a khosak nungun tukum May 21, 2022 in Activa Scooter thak Rs.90,000 vel in kilei a Pastor K. Goukhansiam Guite in latna nei in zatpah ahi. Pathian tungah kipahthu gen ni.



**iii. Building:** Tukum project a dia a lian mahmah en i hihzohlouh US a lawmte tungtawn a i neih thak khat ahihleh Warden leh Girls dormitory kithuah a inn saung ding ahi. Hiai building lam na ding US apan lawmten Rs 450,000 vel hon khak u toh February kha in kipana tu in a nuailam teng kizouta a tutanin Rs 14 lakhs vel kisengta hi. Anuailam ahihleh Warden inn ding leh room khat pastorte tate koihtheihna dia kibawl



ahi. Warden inn latna leng June 28, 2022 in Rev. H. Thiankhanmuan in nei a Warden te inkuan leng tenglut ngal uhi.



A sawngtung pen Girls Dormitory dia hisap ahi a, huai ah numei school naupang 14 vel omthei dia gintak ahi. Avek a zohtanin Rs. 17 lakhs vel kiseng zou ding gintak ahi. Huan, Warden inn banah naupang 7 vel omtheihna ding room khat Pastorte tate a din kikoih hi. Aziak ahihleh Pastorte transfer huna naute school kaina ziaka Lamka a notsiat ngaite omna dia kikoih ahi. Hiai building a dia tutana sum Rs. 14lakhs i zathaihna ziate ahihleh Rev. Dr. Pau Muanthang apan bang, ReST gam i zuaknate uapan leh Rev Khen apante kigawmkhawmte ahi. Pathian hon vualjawlnate ziakin i kipak hi.

**iv. Semtu Lakthakte:** Tutunga Warden dia i lakthakte uh ahihleh Mr. Vumbiaklal leh a zi Maman leh a tanu un Grace ahi. Amau nupa ahihleh FMPB a kum 15 bang a semsa ahi ua, huai sepna apan hong ki-awngsut in Warden dingin ei toh semkhawm in Mata PCI (R) saptuam a member ahi uhi.

Huai banah Mr. G. Liankhanmung leh a zi te leng July kha apanin Caretaker nasem dingin campus ah lotta uhi. Huailouin, sinsaktu ding Pathian hehpihna toh kidaih mahmah a, i goih senglough om in kipahhuai



*Mr. Vumbiaklal leh a Innkuan (Warden) – G.Liankhanmung leh a innkuante (Caretaker)*

mahmah hi. A regular banga lazou hile saptuama hong lut ding bang leng om hi, himahleh huai bang kihi zoulou phot suak hi.

**v. Campus Luahta:** Kum 2016 apan campus development i pat uh tuin student te leh staff te a dia ten theihna giahtheihna mun i suahtak manin i kipak mahmah hi. Bachelor of Theology course 2020 in i pan ua, himahleh campus i luahtheihma uh kum 2 vel Head Office conference hall pansan a class kineizel hi. Tuni chiangin hiai mun nose theita in i omta hi.



June 29, 2022 apan in ReST campus kiluahta a July 3, 2022 in Rev. Dr. Khen in Fall Semester Honna nei in July 4, 2022 apan in ReST

campus ah class kinei theihta hi. Head Office ten conference hall kiphaltaka kum 2 sung hon zatsak zia kun amau tungah kipahtu i gen hi.

**2. Thumna leh Ngetna:** Pathian vualjawlna tampi leh i pankhawmnate ziaka hiai tan i tun lai in maban ah sep ding leh poimoh tampi omte Thumna leh Ngetna a theih ding in hiai a nuai abang in ka hon taklang hi.

*i. Sum le Pai taksapna:* Sum le pai taksapna hong uang mahmah in khatveivei bang lungkiat huaipi in ki-om sek hi. Aziakpi deuh ahihleh COVID – 19 pandemic zia kin supporter ten zong sum le pai a haksatna tuak, ei lah kizintheilou, huai in fund zonna hong nawngkaisak mahmah hi. Adiak in tukum bul apan in support akim a hong lut zou ngeilou hi. Tu July August kha support bang leng \$1090 a sam in hon khak uhi. Hiai bang dinmun ahizhiakin a om thei dandan toh ki manage kihimai phot hi.

*ii. Student te toh kisai:*

Ministerial Foundation Course: Ministerial Foundation Course ah tukum in student 25 kinei hi. Amaute ahihleh Batch 5 na ahi ua, mohpuakna dang neisa himahle uh Lai Siangthou sinna lunglut a kuhkaltaka pangtou ahihman un i kipahtu mahmah hi.

Bachelor of Theology: Lai Siangthou sin-ut leh thumangtaka omte ka muh chiang in hon kipaksak mahmah a, amauten tha hon guan mahmah uhi. Himahleh amaute lamah zong haksatna tampi mah thuak kawmkawm a Bible zil ahi uh chih i theihpih ding in ka hon taklang ut hi. Mr. Ginchinkhup s/o (L) Khumpu, Olive Presbyterian saptuam apan ahi. Amah ahihleh taksa baibawm sasa in amah lunglutna liauliau in B.Th zil in hong kipan hi, kum 2 zou ding kuan kipak leh thanuamtaka a om lai in ataksa taklampang (a taklam khut leh a taklam khete) hik leh thaneilouin om mawka pai leng paihoih theilouin om hi. Tu in Fall Semester class kipanta mahleh class teltheilouin doktor zang in kienkol lel hi. Huai banah Mr. Kevin

Soineimang s/o \_\_\_\_\_  
 Mualkoi Presbyterian saptuam apan  
 ahi a, amah zong sum le pai haksa  
 leh innkuan giktak hi kawmpipi in  
 Bible zil in hong kipan hi. Huchia  
 haksa sa kawmkawm a kum 2 na  
 hong pal touh laiin, amah tung ah  
 taksa damlouhna 'gilpi pat' hon  
 neia, tuchiang in hoihlam manoh  
 mahleh anntak neitheilouin  
 anchiim ne in agal apan hong kai hi.

Huailou naupang dangte, sum le pai  
 muhna kichiantak neilou, muh tawm  
 toh khosa ahi ua, khenkhatte  
 haksatna chiteng in a buah Myanmar  
 apan hong pai ahi ua, amaute apan  
 school fee, hostel fee, mess fee piak  
 ding chihte omtheilou ahihmanin  
**'Campus Work Scholarship'**  
 kichi kidaihlou sasain kibawlsaka  
 huaite pansanin hostel a om in  
 school kaithei hamham uhi. Hiai  
 bang dinmun haksatak ngen  
 ahihman un i thumnate uleh i  
 panpihtheihna uh om bangbangin  
 panpihni. Tuin hostel ah mi 8 om lel  
 uhi. Kua hiam hostel a omte panpih  
 nuam i om leh mikhat mess fee  
 khakhat aRs. 3,700/- ahi a,  
 huailouin days schoolar (nitenga  
 kileh akai) te fee ahihleh kha khat a  
 Rs. 700 ahi. Panpihna sum ahihleh

ReST office accountant kiang  
 piaktheih hi. Huailouin bank  
 tungtawna penuam i omleh ReST  
 account: **Bank of Baroda  
 Churachandpur branch:  
 Account number: 83440100-  
 005360; IFSC Code: BARBO-  
 VJCHCH** ah piak theih gige ahi  
 chih kon taklang.

Huailou ReST nasepna a i  
 kithuahpih theihna lam tuamtuum  
 omte ahihleh meh ding: Bal, mai,  
 manta, samphok, mehtheih  
 antehlouhing i neih lemtang  
 bangbang piakkhawm theih gige ahi.  
 Huai banah, vanzat ding poimoh  
 mahmah chair, table, fridge, fan  
 chihte leng thohtheih, piaktheih gige  
 ahi chih leng i kizasak hi. Huai sanga  
 lianzaw a i pan zoh a leh i it leh ngaih  
 paisate theihgige nangin Room bawl,  
 Prayer Cabin bawl, school a ding  
 vanzat poimoh piak chihte om thei  
 gige ahi chih leng i kizasak hi.

**3. Maban Vai:** Tu dinmun in haksa  
 pal mah lehang Pathian pi na toh  
 maban sawnzal kilamen i hihmanin  
 in hiai a nuai a panlalnate ah  
 pangkhawm dingin ka hon ngen hi.  
*i. Accreditation (Theihpihna):*  
 School maban leh naupangte

maban ding khaulna in i Bible school pen kua pawl hiam theihpihna poimoh in a louthelou hong suak hi. Huai ding in tu lelin *Martin Luther Christian University, Shillong* a te toh kidawpna, leh board level ah kihouna leng neih khith ahita a maban a hong lamzan ngeileng i lamen hi. Huai banah USA a om *Miami International Theological Seminary (MINTS)* kichite toh kizopna bawl kisawmin pan naktakin kila a kilamzang touzel hi. Tup bang a hong paitheih leh MINTS toh hong tung ding September 12-14 sungin Memorandum of Understanding (MoU) suai kaihtheih ding in omta hi. Huailouin Asian Theological Association (ATA) te leng kidawpna, amauten hon ngiat dungzui in i B.Th course pen kum 3 bek a chin phot ngai a chih ziaik un, maban a a delhzui zel hi ding hi. Hiai bang panlaknate i lamzana i lohchin touhzelnad ingin thumni.

ii. *Kitoudelh theihna ding*: Sum le pai a kitoudelhna ding kisawmna ziaik ahihleh, i gam government in lah Khristiante nasepna daltheihna tuamtuam a hong dal ut, gamdang apan support lakluttheihna (FCRA

permit) te bang cancel saksak mai ahiehchiang a ei leh ei kitoudelh dan i pat keileh maban kisawn theilou ding ahimanin hiai a nuai abang thilgelte kinei ahi chih i kitheisak hi. Ei apan piang mah toh Pathian gam nasepna i kisak hun mahmahta hi. Huai bang ngimna in, maban ah campus pen amanpha sem a zat ding kigel hi. Huai ding in *Gankhoina leh Farming* bang kibawl leh chih ngaihnutna kinei hi. Huai kia hilou ahoih zaw ding, a metzaw ding thil aom leh leng kitheisak le i chi hi. Huchia school in amah a income amuhtheih a poimohte akisuktuah theihna ding ngimna ahi. Huai ding in hiai lam a lunglutna nei leh siamna neiten na ngaihndan uh hong sunga hong kikuppih ding in ka hon ngen hi.

Ahehpihna leh a ban thahat a hon pi a tuni tan dong hon tunpih Pathian tunga kipahtu i gen hi. Huai banah mimal leh saptuam thumna leh thilpiak a pangte tengteng tungah kipahtu ka hon gen hi. A gam a dia na seppih uh

(Rev. Dr. G. Pau Muanthang)  
Principal  
Reformed School of Theology (ReST)

## SOCIAL MEDIA LEH INTERNET

Social Media leh Tulai khovel

Hiai thu Ramthar Veng Pastor Bial khawmpi a Mr. Lalnghinglova@Tetea Hmar in a thugen, mi tampite adia phatuam dia lamem in, alaktom in ka hon letsawn hi. - V. Nunlian

All India Football Federation Committee-te Supreme Court in ahon khawlsak zia kun huai vai sai dingin Delhi ah zanlam zek in ka va zin a, huai ah ka Vice President uh, Bengoli-te khat in Social Media a zat dan ahon gen hi. *“Twitter ah thu hoihpi hi a ka theih ka post tei a, huai ka thu hoih post pen toh kisai kuamah in ahon comment kei ua, Indian League a East Bengal-te football a ka chet siat pih zia k a ka tung a ahehna uh genkhiakna di’n comment ah nasatak in hon kap daih uh”* chi in ahon hilh hi.

Donald Trump in social media a zat siam louh zia kin Twitter in Permanent in gakna abawl ua, Facebook leh Utube in leng zangtheilou din a gak uhi. Aman 2009 akipan in twitter a zang a, kum 12 sung in Sing nga leh sang sagih (57,000) vei thil a post man a, President ahah sungin 25,000 vei tak thil a post khe man tel hi. Khovel a mi thupi penpen te’n le zangsiam tuan hetlou uh ahi chih a Chiang maw!!

Hitler leh Napoleon i chihte’n thagam leh hiamhei zangin khovel pumpi lak ana tum ua, an lohsam uhi. Hiamleh Mark Zuckerberg in bel hiamhei khat le tellou in khovel

pumpi hon thuneihkhun hiau daih mai hi. Facebook ahon bawlkhia a, Instagram leh Whatsapp hon leikhia a, khovel pumpi mi tamzaw thamte’n hiai a zang uhi. Barack Obama US President dia a chinna zia k poimoh khat a asuikhiak uh ahahleh Facebook a athugente leh a thilhih suan huai taktakte naktak a kitaklat zia k ahi chi in a sui uhi. Khovel mi tam zawte’ Mood a control a, a thuguk uh a thei a, kithuzakna a control a, mi tampite minsiatna ding leh minhoihna ding ah thuneihna a neih banah, nekhonna tampi a control pha hi. Hiai social media pen bangchituk in soisel in dou lehang le i zoh louh, i lak a hong lut, michih, inkuan chih hon sukha ahi. Mi tamtakin a siat loh lai in mi

tampite sum muhna nak ahong suak a, i zat dan uh amanphatna leh a manphat louhna ei ah ki nga hi. Internet tungtawn in van zuak ahita a, online shopping tampi bawl, dawr van lei dia i pai a ngaihlouh hun hong tungpah ta ding, dawr neitute'n mahni inn chiat a i van deih pen uh ahong piak gaihghaih ding hun uh!!

Lock Down ahong om a, internet tungtawn in Pathian thu i ngai ua, nasemtu tamtakin office a va pai ngai lou in mahni inn ah nna i sem thei ua, bangkim baihlam, fel pah huaihuai mai khovel ahita hi. America a thil tungte a tun hun leh dakkal mah in i en thei ua, misi, damlou chihte baihlam tak in i thei zui ua, damloute iki thumpih zui thei ua, nidang chile kum tamlou paisa lel toh tuhun tuh kipumkhiak petmah himai ahi. Hiai social media in hun anei kei a, chiklaipeuh in et ding leh houpih ding a sun a zan in aom den ta hi. Hunbi neilou hiai social media ah nang hun na kibawl siam kei leh na hun teng la mang ding, hon nek siat sak ding ahizhiakin social media leh i tulai khovel ah NANG tuh apoimoh pen na hizawta hi.

Hiai lemchinna khovel ah nang tuh thutak a na din a ngai hi. Social Media ah bel mun kilawm pen, taksa nalh leh silh leh ten nalh pen phou

khiak ahi a, i hihna tak uh bel, beteh meh khawng mah toh khosa ihi ua, second hand puan kituh nainai theite hilaihang. Mun nuam leh inn hoih pente background a zangin lim tampi post mah lehang, i tenna inn leh munte uh bel building neizouten le hah zou nai mahmah lou khop a niamte hihang.

Na status kuahiam in a et ziak in a kipak a, kua hiam in a etlouh ziaikin na mood off a, mi message khel in zumna ahon tun thei a, mi message khel ziak mah in itna bul kipan thei hi. Na limlak hon comment sak ziak un na mood off in kipak thei hi. Amak deuh khat ahihleh ka veng pamlam uah KFC restarent aom a, huai mun mak na mahmah ahihleh a nek theihte uh ki selfie masa lou a nek haksa mahmah mawk hi. A ziak bel kuapeuhmah in KFC zual chih gelh a status ding pen kilawp vek uhi. Huai mun a lut thei Chiangte bel changkang chihna dan a i ngaih ziak uh ahipen mai hi. Kuamah in puri ne zual chih a status peih kei uh, changkang kei lehangle KFC Restarent a lut khak pen status louh dia pammaih lua khop a social media in hon nawk khakte ihi mawk uhi.

Awle hichituk a social media in khovel controlta ahihmanin



gensiat in omzia anei kei. Bangchi hinkhawm leng hiai social media apan suakta ding ihi ua chih i theih siam uh poimoh hizata hi. Huaizaw saupi a gen ngai le ahituan kei, na khoih d tan hun kibawl inla, zuih zoh sawm in, social media a na lim muh pen mi hihna ahilouh dan thei inla, social media a nang kilat dan leng alem ahi chih phawk in. Na hihna pom inla, midangte bang pian a om sese pen kipahna hikim hetlou ahi chih phawk in. Nang omdan ah lungkim theih kizil inla, social media ki control sak louh sawm inla, nang social media control zoh sawm in!



#### SOUTH LAMKA PRESBYTERY PYF KHAWMPI

Thupi : *“Namchih apan nungzuite bawl un” – Mat. 28:19*

Amun : *M. Saljang Presbyterian Church*

Ani : *September 23-25, 2022*

Thugentu dingte : *Evan. N. Thangkhansiam*

Kitaitehna dingte : *Group items/Lapawlpi/Bible Action/Duet/Trio*

Individual items : *Solo/Deihthusam gen kidemna*

#### NEW POSTING

1. Pastor G. Suanzalam

- *Mualkoi Presbyterian Church ah Local Pastor*

2. Pastor M. Thangkhanmuan

- *Songtal Presbyterian Church station a nei in Mualnuam &*

*Kaihlam bial hi.*

#### STUDYLEAVE

1. Rev. M. Khamlianmang, SAIACS, Bangalore ah *MTh in Inter-Cultural Studies*

2. Rev. T.K Shyam Valte, BBBCS, Bangalore ah *MTh in Christian Ministries*





Thumna ah phawk inla, kisakhawl in...

### LAMKA PRESBYTERY PYF KHAWMPI

Amun : *Rayburn Presbyterian Church* Ani : *Sept. 16-18, 2022*

Thupi: “*Namchih apan nungzuite bawl un*” – Mat. 28:19a

Speaker dingte:

1. Rev. Dr. G. Pau Muanthang
2. Rev. Dr. Khen P. Tombing
3. Rev. H. Thiankhanmuan

Kitaitehna dingte (Category nih a kikhen in om ding hi)

1. Lapawlpì
2. Quartet
3. Solo (Top 4)
4. Bible Quiz
5. Bible Action
6. Musical Drama

### LAMKA PRESBYTERY PWF KHAWMPI

Thupi: “*Lau leh ling kawmin na hotdamna chiat uh sem khia un*”  
*Philippi-te 2:12(b)*

Amun: *Zion Presbyterian Church*

Ani: *September 23-25, 2022*

Thugentu dingte: *Rithanglian Tombing & Rev. H. Chin Thiansong*

Seminar: *Htn. Chiinhoihkim*

Topic : *Na min bang ahia? (Nang kua na hia?) - Gen. 32:27*

Kitaitehna dingte:

*Group Bible Recitation (Mat. 28:16-20)*

*Quartet: KLP TONIC SOLFA #347*

*Solo: KLP TONIC SOLFA #437*

## KIPAHTHU GENNA

Amasapen in hiai tan honpi, hon makaih Pathian min ka phat masa a, kipahtu gen kawm in thupina, pahtawina tengteng ka pe masa hi

Ka pu ka pa apan a ka neih zoh louh ding, mang lam a leng ka mat phak louh Pathian vualzawl na Head office a sem heutate lemgelsiamna leh ahaksate dopkang na ding a pan a na laknate uh ziakin tuni in kei leh ka inkuante'n hamphatpih in, a zar zoutu in ka na pang ua, Inn hoihtak lam khe thei a ka om ziakin kipak petmah hi. Heutate'n nakpitak a hon kithuahpih in, kipah huai kasa petmah ua, kipahtu genlouthelou ka hihziakun i messenger deihtoh tak tungtawn in kei leh ka inkuan ten kipahtu ka hon gen uhi.

A mun a mual om mahleh sum leh pai omlou a hitheilou ahihziakin khalam a ka pa, salam a ka pu uh Rev. Dr. Khen P. Tombing te inkuan in awlmohna lianpi toh sum leh pai a hon kithuahpih in, amau ziak a hiai chiang melmuh theih in ahong om a, ka kipak mahmah uhi.

Ka inn lamna toh kisai a pan hon lakpih Pastor G K Siam leh Mata Session te tung ah leng kipahtu ka gen hi. Ka inn bawl sung a tha leh zung hitaleh, nek ding, dawn ding, thil tuamtuum mimal a hon pe-te tung ah leng ka kipahna ka hon taklang hi. Vanzat kiningching neizoulou ka hih lai in veng leh pam, insak-inkhang te'n a poimoh bang phaltak a hon zangsakte tung ah leng ka kipak petmah uhi. Huaibanah a thawn a JCB hon zangsak unaupa Chinmuansang leh a inkuante, Dorcas Veng a omte tungah leng ka kipahna uh kon taklang uhi.

Ka tung ua na hoihnate ziakun Toupa'n hon vualzawl chiat henla, aleh tampi in hon thuk leh chih ka thumna uh ahi. Thupina tengteng Pathian in tangta hen aw! Na deihsakna uh dongtu

Eld. N. Tuangpu leh a inkuante  
Lunghul(T)PC



A paissa June 15, 2022 in Rayburn College New Campus ah program zat in om hi. Huai ah Sir Thianminlian Vaiphei, Vice Principal in vaidawanna thu gen hi. Student of the Year award Ms. Chingzakim, B.Com leh Mr. Thangliansiam Hilsia, B.A. English in sang uh a, amaute'n farewell message gen uhi. Rev. Dr. Khen P. Tombing, Principal in message gen a, thumsakna nei in session masa zoh ahi. <https://drive.google.com/drive/folders/1Ix5BjFQjGXtxbfySpz9vQiBvRXIoHdeL?usp=sharing>



South Lamka Presbytery Youth Fellowship (SLPYF) in Pastor K. Dongkhankhup, Adviser makaih in Street Cry Ministry vehna nei uhi.

If undelivered, please return to:

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Manipur, INDIA

**BOOK POST**

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