

SUUNNA



Deacon W. Kunje Meitei Kum 68

Deacon W. Kunje Meitei kum 68 of Asha Presbyterian Church, Waikhurok (Bualjang) apaisa June 16, 2015 (Ningani) zinglam dak 5vel in thupina gam a tawldam ding in Pathian in ana lata, amah luang Torbung Bangla a a inkiang uah Pastor Kumarjit in vuina Pa Pathian, Tapa Pathian leh Kha Siangthou Pathian min sung ah vui hi. Saptuam pumpi in isuun mahmah ua, ainkuan leh Meitei Field a saptuamte, abik in Waikhurok saptuam ithuakpih thu inews tungtawn in itaklang hi. Amah ahiah leh Waikrurok, Asha PCI(R) a member kumlam agen a leng upa pen leh saptuam adia ainahpah tute lak a khat ana hih man in I suun diak uhi. Hichibang mimanpha I missions field in I suun poi isa diak, huaiziakin i saptuam mipi te kiang ah Mission Field naksem a thumpih ding in Krist min in ikingen uhi. Toupan mission field a heutu ding tasamlou a hon piak zelzel na ding in thum zom zel ni.

THILPIAK PIAKLOUH KHELHNA AHI HIA?

Rev. M. Khamlianmang

Mihing ten thil khat peuh ihih chiang in aziak asana om, hunkhat a honsawltu om ziak bang, hundang ah mahni hoisak leh lunglutna ziak bang ahi. Huai mah bang in thilpiak toh kisai leng sawl a omziak leh mahni deihitena a piak ahi. Laisiangthou ah thilpiak toh kisai avangkim in gen in om den hi. Sawm -a-khat tuh Gen. 14: 20 (cf. Heb. 7: 2-9) ah Abraham in Melkizedek kiangah agallak thilte apan in apia chih akimu (thupiak a om naikei). Huchi in Gen. 28: 22 ah Jakob in Pathian kiang ah sawm-a-khat piak achiam thu akimu nawn. Hiai munnihte apan imuh theih tuh Pathian chih leh sawl hituanlou in amau deihitena/kiphalna a apiak uh ahi. Mosi hun ahong hih in Israelte tengteng mimal chih in siah toh kibang a apiak uh ahia, ateitei ding, amohpuak uh ahi. Alimsaklou te Pathian lok, guta ahi uh chih ahi (Deut. 26: 1- 16; Malaki 3: 8- 10).

Israelte sawm-a-khat piak dan I et leh imuh theih tuh Lev. 27: 30-33; Num. 18: 21 - 23; II Kronikil 31:5; Neh. 10:37 te ah milip in Levite(Siampu te) kepna dingin a pechiat uh. Levite ading liauliau in sawm-a-khat apia ua, Ankuangluina leh kipumpiakna thillatte a zat ding a leng apiak uh ahi. Deut. 14: 28, 29 ; 29: 12 ah tuh kum thum chin teng in ape nawn uh achi.

Thukhun thak ah mahni deihitena a piak ding hileh kilawm in mun tamtak ah agen. Kumzabi khatna hun lai in leng Kristiante akithuahkhawm mun mahmah ua, nimasa pen thohnawnni in thilpiakte atawi khawm zel uh. Paul in I Kor. 16: 1 ah vualzawlina namuh bangzel un pia un achi. Pathian in honvualzawl ziak a piak ding, eimah deihitena thu leh hoisak thu ding hilou, 'Nou leng hihsam un' chih ahi. Huaiziak in thilpiak toh kisai in Pathian deihdan tak tuh phutluh a piaksang in michih apetu thei in kiphal tak in pia hen chih ahi. I Kor. 9: 10 ah Pathian

MMF IN PAHPIHNA PIA

Pathian in I thumna te hong dong ahi I chilou thei kei, I mission field in nasatak in masawn ahiah mah in Pathian min phat in thupina ipia uh. Hallelujah.Amen.

MMF pan lak ziak in Waikhurok a I saptuam mi W. Birjit accident ziak a sawtpi damlou, akhe(leg) aleng pai thei nawnlou Rs. 2000/- (sangnih) a vehna leh thumsakna apaisa June 14, 2015 ni in kinei hi.

Huan Naodakhong a isaptuam mi tagah unau thum omte Rakhi Rani, Radha Rani & Debajit te unau a laipuan(exercise book) leisak in, leh apoimohna ua azat ding uh chi in Metei local saptuam khen khat ban ah MMF in ettheih dandan in sum leh pai bangzahzah hiam tohkhom in ki

enkou tou hi. Huai teng ban ah amaute MMF fund apan mah in(Head Office sawk lou in) antang bag thum leh Rs. 1000/- panpihna June 14, 2014 ni in kipia hi. Amau unau ahiah leh a paneute etkolna nuai ah khosa lel uhi. Hichibang hehpihna nasep, tagah meithaite panpihna sem thei ding a honpipa leh hon vualjawltu I Biak Pathian in thupina tang hen aw. Hiai thilpiakte MMF fund apan ngen ahi. Bang chidan a MMF in fund nei thei mawk hiam ichih leh amau ten hunpaisa ah Itna ankuangte lui in sum leh pai ana zong ua, huaite apan hichibang nasepnate hong piang khia thei ahiah dan thu zak ahi. **Mr. Birjit thumsakna neih lai lemlak**



hihlouh tuh khelhna ahi kei a, hih un achihte hihlough bel khelhna ahi. lungtang, lungput (motive) ahi zaw. I neihte piak ding, I neih louh

Pathian in ineihlough hon phut kei, himahleh Amah a kipan vualjawlna itante a kipan it pipi hilou a, kipaktak a kipahthu genna a ipiak thuk sam tuh Toupa kipahna ahi. Pathian deih pen ahiah leh I

Pathian in hon phut luih kei hi. Kris hon thupiakte zuia, Amah it semna thilpiakte tungtawn a sulang thei zelzel dingin Kha Siangthou pina, makaihna leh ompihna simtute tengteng in tang chiat ding in deihsakna kon laan hi.

YOGA SINSAKNA LEH KRISTIANTE

- Intern Pastor TK Shyam Valte

Thumakai: Khristiante adia Yoga, a hoihlough dan kagen khak chiang a, dawtna hong om gige tuh; Yoga bang hi a, Yoga in bangtup nei hiam chih ahi. Khenkhat in hongon utuh, Yoga I chih exercise maimai hilou hiam chih ahi hi. A diktak agen in Yoga I chih, "exercise" maimai dan a, kithang sak ahiahman un, Ei gingtu a tamzaw in I theihlough uh adik mah ahi hi. Yoga hih atamzaw in; Yoga tup-leh-ngim, ban ah Yoga hong kipat dan nasan thei khia zoulou uhi. Yoga sinsakna Hindu sahkhuah makai te 'n bel Yoga tup-leh-ngim thei chian mahmah uhi. Huaiziak in Yoga sinsakna I gen diing chiang in, Hindu sahkhuah gen tel teitei ngai sek hi. *Calvary cross toh Jesu Khris a kikhen theihlough bang in YOGA leh Hindu sahkhuah leng khenkhiak theih ahi kei hi.*

I. YOGA TANGTHU TOMKIM

Yoga hong kipat khiak hun geih gentheih hi kei mahleh, kum 5000 malam pek ahi ta chih laisiamte gendan ahiahban ah, Indus saraswate civilization

a supung theitu leh ipoimothe thei leh petu ahih lam itheih dei hah dan imu thei nawn hi.

Thukhunlui ah thilpiak sawm-akhat Pathian thupiak, apeloute guta, Pathian lok chih imu. Thukhunthak ah kiphah leh kipak taka piak ding, huaituh vualzawl na itan bangbang in achi. Vualzawl na tanglou kuamah iom kagingta kei, vualzawl na itangchiata, apeloute tuh zuaugen, guta. Huchi ahahziak in sawm-a-khat(1/10) piak louh khongleng khel hna himailou maw...maw. Napeta hia? July kha Haithak latna kha in izang ta uh, a ziak tuh Pathian in gahmasa te laan a mah kiang apai ding in hon phut hi (Exod. 34: 22- 26; Lev. 2: 12-14; Num. 18:12; Deut. 12, 14, 15, 26, 33; Neh. 13: 31 leh muh tuamtuam ah).

Deut. Bung 26 na ah chiang tak in thillat ding dan, alat hun leh mun agen ding thute tan in Pathian in amite a na pia. Hiaia agen un pen taktuh thilteng kipatna Pathian ahih man in ahohina, muanhuaina, ginomna te ziak a kipahthu genna etsakna a biakna thilpiak a piak ding. Honpetu mang

ngilhloh ding, thilpiakte tungtaawn a phatna, biakna piak ding chih ahi. Israel taten sal akipan hunkhetu, gam nuam leh hoih a tengsak pa Pathian kiang a kipahthu genna leh thupina piak na a thillat te alat ding uh ahih dan agen. Huchi mah bang in tuni a gingtute leng khel hna na sal a kipan suahtaksak in I om ua, huai kia leng hilou in salam vualzawl na a vuk in I om uhi. Hiai te ziak in ahon Hondampa Jesu Kris leh Hehpihna leh itna ziaka hon telpa Pathian kiang a kipaktak a, kipahthu genna leh a thu zuihna a thilpiak I piak ding gingtute hihding pumpi ahi ichi lou thei kei.

I saptuam sung a Tuailaite lak ah sepna muthak a kum teng in bang zah hiam in Toupan hon behlap zelzel a, huchibangte lak ah loh masa pen (gah masa) Pathian min a laan (pia) khia omte imuh chiang in kipah huai isa mahmah hi. Huchibang hong om chiang in ginna hon hatsak kia hilou in, thilpiak sawm-a-khat leh gah masa te Pathian a, amah I piak ding mah uh ahih dan hon musak hi. Pathian in kei a ahi achi te piak tuh Amah kipahna leh athu zuih na ahi. Pathian in hih kei un?, achihte

MEITEI MISSION FIELD REPORT

TWO DAY'S SALVATION CAMP AT CHOTE CHAIBA, BISHNUPUR

June 20-12, 2015 sung Chote Chaiba, Bishnupur ah Hotdamna camp neih ahi. Hiai camp omna mun Messenger July Issue a hong kisuah a fellowship ipatna mun pen uh ahi. Camp toh kisai report tomkim hiai bang ahi.

1. Camp speakers : Pastor (Lic.) Kumarjit leh Intern Pastor Johan Singh
2. Camper : Mi 25- 30 kikal kikhom gige. Gingthak mi nih (2) kibehlap hi.
3. Camp Expenditure : Rs. 7000/- (Sang sagih) – by MMF

Kipahthu genna ding leh thumpih dingte:

1. Hiai camp a sum leh pai kisengte Meitei Mission Fellowship panlakna ziak in PCI Head Office/ PMF sawk hetlou in kie nei thei hi. I mission field khang tou mahmah ta. Nidang in missions field a program khat aki neih chiang in sen leh pan teng Head Office a kipum ngak ua, himahleh tukum chiang in amau leh amau bang tan hiam a hong kitou delh theita uh, kipah thugen in, hong hatsem na ding un thumpih zom zel ni.
2. Thugentu I pastorte Pathian in zang mahmah a, a thugente un camperte lungsim leng zou mahmah hi. Kipahthu gen in thumna ah I pastor te delhzui zel hi hang.
3. Maban ah Meitei Mission Field mun nih ah crusade neih kisawm hi, a budget ding leng a kimkhat sang a tamzaw MMF in ngahta hi. Crusade khat vei ading a budget hisap Rs. 20, 000/- (20,000 x2 = 40,000/- sing Iii) ki bawl hi. Hiai Crusade te September kha leh October kha a neih ding tup leh ngim ahi. Thugentu ding leh crusade ding toh kisai thumna a phawk gige ding iki ngen uh.

hunlai pek in ana omkhinta hi. Hiai hun lai in Hindu sahkhuah toh kisai a, laigel chih omnailou ahahman in, a khang-akhang in ana kihilh sawm zel uhi. Hindu sahkhuah zuite a diing a, Laibu kumlui pen uh **Rig Veda** ah, Yoga chih ana kilang masa pen a, BC 500 vel in Hindute Sahkhuah laibu siangthou penpen Bhagavad Gita apan in Yoga kisinsakna school honpan khia uhi. Patanjali Yoga Sutra in BC 2 na hunlai in, Yoga Practice dan diing honbawl khia hi. Huaiziak in Patanjali tuh "father of Yoga" chih in om hi. Tulai a Yoga style tuamtuamte leng hiai Patanjali Yoga Sutra sinsakna pansan a, honbawl khiak uh ahi hi. Hindute 'n a pathian laklak ua; a lauh pen uh SHIVA (Sumang pa) in Yoga mukhia chih a pomdan uh, ahahban ah Yoga kumpipa chih in leng om hi. Huaiziakin a min diing in Yogeshwora chih minpia uhi [Source: *Lalduhawmi RTC, Mithianglimte zin kawng (Seminar paper)*]

I gentaksa mah bang in, Yoga kipat khiak hun geih gentheih hi kei mah leh Hindu sahkhuah zuite gindan in Lei-leh-van ki-bawl tung in Khrishna in "Vivasvana" kiang

ah Yoga kichi ana sinsakta chi uhi. Khrishna in YOGA toh kisai hichin gen hi "Vivasvana kahilh a, Vivasvana in a tapa Vaivasvat-manu hilhsawn a, Vaivasvat-Manu in atapa Laliksh Vaku hilh sawn hi (Bhagavad Gita 4:1). Hiai kihilh sawmna pai toutou in, tuni tan in kihilh tou lai uhi. Huaiziak in Yoga sinsakna tuh Hindu sahkhuah sinsakna apan hong piangkha ahi a chihthei hi.

Hindu sahkhuah zuipawl in, pathian a minloh diing tampi nei ua, huai te lak a thupi pen a angaiuh Brahman kichi hi. Hiai sahkhuah zuipawlte thiltup thupi pen tuh YOGA tungtawn a Ei-mah toh pathian kal a, kitheihchetna neih diing chih ahi. Amau gindan in YOGA in Lungsim tawldamna, ngaihtuahna; taksa leh khalam thuzohna I neihchiang in; pathian toh kizopna/ hotdamna kinei thei chi uhi. (Comment; *Laisiangthou in: "Jesu'n a kiangah, Keimah tuh lampi leh thutak leh hinna ka hi; keimah a pai lou kuamah Pa kiang a tung ngei kei" johan 14:6. Huan "Midang kuamah kiangah hotdamna a om kei, van nuai a, mihing sak lakah,*

Airport kiang tan khe in ka van teng utoh kongpai pheih napnap ua, houlim tuh tuimahmah, sepaiah uniform silh chituumtuam lah tam, dip kaw sim kawmpipi in kongpai ua leh Meitei mission field a Malom Airport area adia evangelist a izat uh Biramani toh kong kiman kha uh tuh, Pathian honpina thupi kasa, haksat lai, mangbat lai a huphahpah pa nai gige ahih dan hon muchian sak mahmah mai. Aman Airport kiang ah a lawmte Auto hon dawpsak a, huai hon hire in Lamka dak 10:30 am in kong tung thei uh tuh akipak lou ki om lou himai. Evangelist pa'n auto driver pa kia honkha sak lou in aman leng Lamka tan hongzui tou lai hi. Missions field a semtu ding a izatte Pathian in aseh leh gelte mah zangkhah tou zelna hilou ihi hiam chih hiai tungtawn in leng ka musuah ka chi lawmte. Hiai te tengteng ziak in Toupa min phat in om hen. Mission agency tuamtuamte toh isep khawm na uh naksem a panla a, kal suan a pan ilak touh zel leh Kris Lalgam keklet in om semsem ding a igam hong chidam ding. Mission agency tamzaw ten 2020 kum ding plan leh vision thupitak tak puang khia ua, tua toh kiton in Pathian in thil thupi tak khat imuh

ngelilouh uh hiai hun ahon tungsak ding adiam chih ngaihtuahna in nasatak in hon deng hi in ka thei hi. Political party khenkhat in India pumpi Hinduism Country/State asuhsak som lai a missions agency panla ding om te ziak in kipahthu gen in thum pih zom zel ni. Ei saptuam in leng kum 2020 chiang in bangtan tun sawm in panla leng ahohi dia chih ngaituah hun mahmah hi in ka thei. Ei tungtawn in leng Pathian in thilthupi semnuam lotel ding in ka gingta hi. Isaptuam igam-inam lakah Pathian thupitak a pahtawi in om semsem hen.

Ka kipak,

Rev. M. Khamlianmang
Coordinator (Missions)

pansana sem utten leng sem thei ding; louneihna pansan bang, sinsaktu (teacher) nasepna pansan bang, damtheihna lam nasepna (doctor, nurse etc) nasepna pansan banga sep ding, Thutak saina leh sepna leh sepdan dangdang pansana sep ding chihte ahi.

Gian Lead 2020 sepsuahna dinga a gel khiak dan tangpi uh hiai bang ahi.

1. Chialpina leh missionary nasepna khopi 100 a patkhiat ding.
2. Seppih dante toh semkhawm, pin code om tengteng a, district 300 a Tangthupha genzak, theh zak ding.
3. Pathian lainatna itna nou ngiingei a, Kris kianga pilut theih minam 400 pilut theih ahih sung ua pilut ding.
4. Khota nuai khat a biakkhawmna neih ding/inn a biakkhawmna len g hithei – biakna, theihpihtu a panna leh nasepna ah.
5. Inn a bekhawmpawl (house church) apan kipumpiakna toh sem ding mi Lakh 10 (nuai sawm), mega team 13, sepkhawm pih pawlpi (organisation hiam egencies hiam 30 te toh, Saptuam pawlpi 100 toh sepkhawm ding).
6. India gam a Nungzui alian pen apan aneupen tan vaibelsia sawm (Croze 10) in vualzawlina kum 2020 chiang a angah ding.

7. Michih tangthupha chialna in asukkhak teitei ding.

8. India pumpi a inn chih a gingtu/ Bible khat bek a om ngeingei ding.

9. Khota teng a biakna a om ding. **NORTH-EAST INDIA**

10. (Raising 1 lakh prayer warriors) North-East State sung gingtu thummi Lakh 1 (one lakh) bawl khiak ding.

11. (Raaching 20 people groups) Minam 20 te tangthupha zaksak ding (North-East a minam 567 vel om, pau 235vel, khopi 254vel, pin codes 891, 85 district from 8 states, khota 42, 710).

12. (Recruiting 250 evangelist). Evangelist mi 250 sekkhiak ding.

13. (Raise 100,000 active new believers) Gingthak mi lakh 1 (Nuai khat) bawl khiak ding. Hiai ten kumkhat in mi lii leh nga kiang a tangthupha hon gen ding ua, North-East state kum 2025 chiang in 'Kristian state/region' chih theih hong hiding hi.

July 09, 2015 nitum kuan in Guwahati nusia in kong pai ua Pathian hehpihna leh pina ziakin July 10 zing dak 5: 30 in Imphal khonawl kong tung uhi. Cufew om lai ahih man in kagari tuanna un khopi sung honlutpih ngam kei hi. Huchi in Imphal khonawl apan in

hondam ding min dang himhim a om kei, “ (Nas 4:12). “*Hehpihna jia a, ginna tungtawn a hotdam na hi ngal ua; huaituh noumau a suak ahi kei a, Pathian thawnpiak ahi zaw hi.*” (Ephesate 2:8)

II. YOGA KICHI BANGAHIA

YOGA i chihchiang in, bang ngaihsutna na nei a? Khenkhat in physical exercise maimai hilou hiam, i chih diing uh ka lam en hi. Thudik mah ahi, khenkhat ngial in YOGA i chih Hindute kia adiing hilou in, taksa damtheihna diing a, exercise lak hoih mahmah i chih diing uh leng kalam en hi. Himahleh Hindu sahkua zuiten YOGA kichi taa neih in ki neih ua, YOGA hihna peuh ah, makaihtu diing in Hindu sahkua a, Guru (Siampu) te leh Hindu sahkua a, kulmut mahmah mite hitangpi uhi. Gurute sinsak dan leh hilhdan a honsinsiam chiang un; a pathian tungnung pen Brahman toh pumkhat bang in om ua; huaihun chiang in Guru in kipaktak in “*Nang mah nahi*” (You are that/ that thou are) ana chizel hi. Huaibel nang Brahmin (Tungnung pen pathian) nahi chihna ahi. Hiai dinmun (Stage of realization)

hotdamna zong lellelte hong tunchiang un, kipak leh thanuam tak in! pathian ta/piangthak taktak ka hita (*ah! Ham Brahman asmi*) kichi uhi.

III. THE 8 STEP OF YOGA

- 1) YAMA (Mahni-kithununna): Hiai chi-5 in ki khensawn hi: Thagum suahlouh diing, Midang liamsak louh diing, Thudik diing, Gukloulouh diing, Eng/Enna neihloulouh diing, ki-sum zoh diing.
- 2) NIYAMA (Sahkhua toh kisai a zehanna): Hiai chi-5 in khensawn uhi: Sunglam leh Polam siangthouna, Lung kimna, Chihhtakna, Sahkhua laibu simna, Sangpen Pathian kiang a kipiakkhiak na.
- 3) ASANA: Taksa leh Lungsim exercise lakna tungtawn a, khalam kilalam mudia kisakkkholhna.
- 4) PRANAYAMA: Pranayama kichi chindan hoitak khat nei a, Huihsiang diklut chihna ahi. Hindute gindan in huieh hiplut/diklut kichi siamtu pathian in mihingte a thuzohna, mihingte hinna bulpi, pathian ahihna puankhiakna leh mihingte toh pathian kizop matna ahi chi uhi. Mikhat in Pranayama a hihchiang in, mihing a om khelhna

KHUALZINNA REPORT

Coordinator (Missions)

FMPB (Friend Missionary Prayer Band) Giant Leap 2020 toh kisai FMPB toh semkhom North-East India a om saptuamte adia Church Leaders consultative meeting July 8-9, 2015 sung Guwahati a neih a om ding toh kisai a FMPB toh hon chialna dungzui in, Chief Coordinantor deihsakna leh phalna in kava kihel thei a kipah huai kasa. Hichibang a kalsuan thei ding a damna honpia I biak Pathian leh lem hongelsak a phalna honpia Chief Coordinator tung ah kipathu ka gen hi. Report tomkim hai bang ahi.

July 7, 2015 zingkal a Lamka apan Rajdhani Express a kipan khe ding a ticket ka lak uh himahlah hiaiini pen band/strike om ding chih ziaik in July 6, 2015 in FMPB CCpur, Honorary promotional secretay Upa K. Songkhotuan makaih in Lamka apan mi 8 (giat) kin leh buang a kisa in Winger ah dak 12: 30pm in Imphal ah ka pai suk ua, Imphal a State Secretaryte nupa in Winger khat arrangement ana bawl ua Dimapur dak 9: 50pm in ka tung ua, ka tuanna ding uh train kalap chiah uh, Pathian phat in om hen. Huai akipan 10:20pm gehi in Guwahati lam zuan in train ah ka pai ua, Guwahati July 07, 2015 zing dak 5 in ka tung uhi (Manipur a band omlou ding hileh ka Lamka apan ka kipat khiak ni ding uh hipan/kou tungta, nak laplua chih

dan hi). Guwahati a CBNEI/ Mission Compund tangtak in ka naih pah ua, tunkimni dia kispap ahih naihlouh man in honna vaidawn ding lemchang omlou in Room lianlou sim khat a hon tawlinga sak ua, sawtluu nung in Organising Committee secretary hong pai in breakfast khong hon nekipih zoh in Guwahati Zoo ah hon va hoh pih a, ka lawmte amu khanaillou te bang kipak diak uhi. Tun baih a pahutuanna om lehlam zoen. Himahleh ka tun baih ziaik un midangte sang in senna lam bel tam zaw deuh suak kha, tungkimni apan food and lodging ki hamphatpih pan ahih man in. Sunnung lam in ka room ding ua honna booking sak pen uh hong awngta ahih man in ka kituah naihmaih nawn ua, nuam zawzen vanglak. July 09, 2015 zingkal in

sinsakna thagum in bel i nokzou kei diing hi, Government toh pangkhom a, honnawk uh ahihman in, Khenkhat a diing ngial in Sum-leh-Paai muhna hoitak hongsuak lai diing hi.

IV. Bangziak a Hindute YOGA hih a, Brahman kiang tun diing ut uh ahia:

Hindute gindan in reincarnation “Mihingte a sihchiang un, a mah bangbang hongpianthak nawn diing chi uhi.” (Comment; *Ei-Khristian te'n bel: kuapeuh Khris a a-om leh, thilsiam thak a honghi a; thil luite tuh a mangta ua; en un, thil teng ahong thakta uhi* (2 Korinth-te 5:17). Hiai bel reincarnation hilou in, mihing kiasim thak chihna ahi.). A damlai a na hoihsemte, mithupi khat in honpiangthak diing a, adamlai a giloute a sihchiang un; ui, meng, loi, sakol hiam in hongpiang thak diing chi uhi. Hiai reincarnation a pumpelh na diing uleh, Brahman kiang a tunchiang ua, haksatna leh gentheihna om nonloulouh diing ban ah, thumna zong neihneih ngai nonloulouh diing chi uhi. Hindute Brahman, *Khristiante Laisiang-thou a “YAWH” Pasian a hihloulouh man in* (“*Keimah*

loungal pathian dangte na nei ding ahi kei.” *Exodus 20:3*), *Ei-Gingtute’ Brahman kiang tun i poimoh kei ua, YOGA hih diing leng i poimoh sam kei uhi. Huaiziak in YOGA hih lunglut i om uleh, I Khristian ginna hoitak a, I kivel thak diing kiasim hi. Aziakbel, Brahman mihingte tung a vaihawm diing hilou in, Thil tengteng siamtu Pasian in a siamsate tung a vai-ahawm diing ahi zaw hi.*

V. YOGA LAM TUAMTUAM A THEHZAK IN OM

Sahkho thil himah leh, Government toh pangkhawm a, Nasepna ahihman in, lam tuamtuum ah, nakpitak in masawn uhi. India gentak louh Khovel pumpi YOGA in sawiling zou hi. Hiai sahkho gin uh, thehzakna diing in hiaite zang uhi:

1) Education Tungtawn in:

Hindu sahkua laibu a atamthei pen lehkhiaik a, School naupangte syllabus a guanglut diing tup pen in nei uhi.

2) **Sports Tungtawn in:** Yoga tuh pawtham tak a etin taksa ki soizawina (exercise) chikhat mai ahi. Himahleh Yoga ah ‘deep meditation’ neih kawm a kam a

bei a, pathian a om hoihna, itna, Nunnemna, kidektheihna, kipahna, thuaktheihna, chite neita chi uhi.

5) PRATYAHARA: Ngaihtuana thuzohna.

6) DHARANA: Lunglutna.

7) DHYANA (Thuktak a ngaihtuahna), leh

8) SAMADHI: Na vaksakna/kitheih chetna chihna ahi. Hindute laibu Upanisads gendan a tomlam in genle, "Samadhi" tan a tunchiang un, pathiam toh pumkhat suak ua, mihing ahihna uh, kitheih nonlough leh mihing in pathian kana hita, chi a agen theihna mun uh ahi hi. (Comment: *Ei-Khristiante'n bel: Pasian in mihinte a mah kibatpih bawl hi (Genesis 1:27) "itna, kipahna, lemna, thuaktheihna, migitna, hoihna, muanhuaina, Nunnemna, kidek-theihna... Galatiata 5:22-23) chite nei mah leng zong, Pasian kisuak tuanlou hi, Satan in Pasian toh kikim leh Pasian sang a, tungnung zawk a sawm ziak in, van apan kaihkhiak in om hi (Isai 14:13-15). Jesu Khrist tungtawn in Hotdamna ngah mah leng zong, Hotdamtate Pasian kisuak tuanlou hi.) Hiai munchet ahi*

Ei-Gingtute' Hindu sahkhuua zuite toh I kibatlouhna uh.

Hiai a tung a I genlough YOGA kichi a tuamtuam Hatha Yoga (Yoga of Poster), Bhakti Yoga (Yoga of devotion), Raja Yoga (Yoga of self-control) leh a dang tampi zong om hi. Tulai in India gamsung leh Khovel pumpi huaq in hiai YOGA sinsakna nakpitak in tangkou pih in om hi. India Government in tukum June 21, 2015 (Sunday) tuh Father's day ahi, himahleh International Yoga Day" chi'n hon puang uhi. "Huan July 22, 2015 in sinlai naupang class XI-XII ten YOGA kichi a aloutheilou a, a hihiiding un bawl khia ua, Class I-X student te'n a loutheilou a YOGA 40-45 kikal sung CBSE school teng in ahihiiding un thupiak bawl uhi" (Source: *Lamka Post, Page 5*). Tulel in North East leng YOGA sinsakna in honnaw lallel hi. Za-a-Za Khristian gam chih a om; Mizoram ah 2006 kum pek in YOGA Meditation Workshop neih in om hi. Ban ah Raj YOGA Education Center kichi leng Aizawl ah, dinkhiak in omta hi. Ei-loi i khophok ma in, I lakah YOGA sinsakna in zung anakai khintahi. Hiai

bel katung kimsim ta uh, Nagaland ate festival omziak a hong zekai zek ziaik ua kim chiah thei nailou nitaklam in ahihlele ka tung kim vekta uh. Dak 10 am in programme ka pan ua, Khasiangthou kithuahpihna thupitak toh programme nuam tak in kizang uhi.

Ka hun zatdan tangpi uh:

July 8, 2015 hunkhatna 10:00am – 1:00pm, apaikhom te akipan missions nasepna report abanban in hon neisak ua, thumkhomna toh kihelhel tou zel inhun nuamtak in kizang uhi. Hun hawmthoh tak in Pathian Kha ompihna toh hun kizang a, State tuamtuam apan regional secretary te a pan report ngaihkhiak ahia, akal lak a FMPB General Secretary Rev. Simon Ponniah leh Founding President Rev. Sam Kamaleson te akipan Pathian thugenna leh challenging message ngaihkhiakna kinei zel hi. A kal lak ah missions strategies toh kisai bang, mission field toh kisai poimoh kenhkhatte kikupkhomna leh sharing hun kinei zou zel hi. Church Leader kenhkhat apan in leng sharing leh presentation manpha taktak ki ngai khia hi.

FMPB strategies hiai bang ahi.

1. Always pray – Pathian ompihna lou a thil bangmah kihih thei lou ahih man in thumna pi bawl ding: ginginga nailou mite adia thum ding, amaute'n Gospel azakna ding uh lampi hon a omna dia thum ding, thum ding a saptuamte/gingtute lam chiatuamtuam a hasuan ding chihte.

2. People – a mi ding omloupi a nasep theih ahih louh man a, mission lungsim leh missions nasepna vei mite thumding achial, mission lungsim neinailou te leng a hon neih theihna ding ua panlak a chialpi bawl (*invite people who has passionate for missions*).

3. Personal – michih missions nasepna a ding a thathohsak ding, semtu ding training piak a sawl khiak ding.

4. Project – Gospel puanzak theihna lampi tuamtuam ome zonkhiak a sem ding dan gel ding. Khopi a Gospel nasepna uang bawl ding, saptuam omsate pansan a sepding chihte. Khopite a nasepna mun 5000 honkhiak ding – Business as Mission (BAM), Compassion, NSM (Homes & School), Seva Bharat (VBS context), GCIM (children Bible school, Children's Home te toh sep khawm ding; hun saulau sem utten leng semthei ding, Mahni nekzonna

hindu pathian minte gen a phuisam leh bangbang hiam toh ki zuikhawm hi. Hiai tungtawn in tuailai te lak ah kua-thuk tak khuak uhi.

3) **Ram Krishna Mission:** Khotang a dia na hoihsepna tungtawn a gamlakna ahi, India malsak State mun tuamtuam ah hiai na sepna dingin Ram Krishna Mission achi ua, mun tuamtuam apat in omta hi, Meghalaya a om Sohra, Cherapunji ah Center liantak a nei ua, Meghalaya State kia ah leng center 37 sang a tawmzaw lou hon in omta hi.

4) **Damdawi Tungtawn in:** Damdawi lam ki etkolna tungtawn a malak na tuh a khauh paipih mahmah uh ahi. Tulai a AYUSH kichi tuh a malakna uh liantak khat ahi chih ngaihdan nei om uhi, AYUSH kichi tuh " Ayurveda, Yoga & Naturopathy, Unani, Siddha, Homeopathy" chihna ahi. Tulai in State sorkal nuai ah Directorate of Health Services ten AYUSH kichi Wing khat a aneih uh a thangkamna uh ahi thei mai diam??? (Source: Thangzasiem T, *Yoga leh Khristian Sahkhua, June 23, 2015*).

VI. Khristiante'n YOGA I hihlough na diing ziaakte uh:

Sahkho dangte biakna ahihkia gentak louh Ginglou mite biakna ahihman in, *Ei-Gingtute'n va zuihpil theih mawk ding hilou hi. Aziakbel I Pasian uh; sahkho thil ah, chilgil mahmah hi. (Comment: "Gingloumite toh kituak loupi a haakkol pokhawm in om kei un" 2 Korinte 6:14). "Gamdang pathiante khawngin mullina a tok thoua, thil kihhuaiin a hehsak" (Deuteronomy 32:16), Exodus 20:5; 34:14). Khristina in YOGA Meditation (Lungsim thununna tungtawn a ngaihtuahna) a, na kipum ngakchiang in na lungsim tengteng YOGA ah, om den diing a, tua in suahtakna leh pathian kiang hontun teitei diing chi uhi (Bagavad Gita 2:53). Himahleh Laisiangthou in bel "A kipahna tuh TOUPA danah ahi jawa; a dan thu tuh sun leh janin a ngaihtuah ngitngat hi" (Sam 1:2). *Pasian tate'n thildang hilou a, Pasian thu I ngaihtuah (Meditate) pen gige diing uh ahi. Sam gelh tun "Na thuzoh nate ka ngaihtuah (meditate) diing a, na lampite ka limsak behlap diing hi" (Sam 115:15) achi hi. Huaiziak in Gingtute'n sun**

Krist theih tuailai i hihna tungtawn a Pathian itna leh phatna piakkhiak tuh a poimoh pen ahi. Tuailai Jospheh in Pathian ahihna theitel a, Toupa a kiang ah aom a, a thilhih peuhmah a Pathian in a lohchin sak nak ziakin suangkul vengmi in a khut a thil om himhim a ennuam ta kei hi. Tuailai nang Pathian deihna theih tel in na hinkhua Pathian itna leh phatna petu hi dingin na kheng zouhia? Jesu Krist theih tuailai hihna tungtawn a khovel khek ding a tel a om ihihna kitheih tel ding poimoh pen ahi.

Tuailai Jospheh in Pathian ahihna theitel a Pathian in Aigupta leh Kanan gam a kial thupitak tun chiang a hondamtu ding a sehkhohl a om ahihna kitheih tel hi. Mang (dream) lamdang tak a neihte apan Pathian in zang nuam ahi chih theih tel hi. Tuailai nang Pathian in hon sehna theichian a Pathian min thupina ding a gospel khovak puak ding in kal na suankhe ta hiam?

Jesu Krist theih tuailai hihna tungtawn a thumanna poimoh pen ahi. Tuailai Jospheh in Pathian ahihna theitel a, a sanggam ten a simmoh hang un zahtak in thuman veve hi. Tulai a tuailaiten i poimoh mahmah ua ka theih tuh mahni sang a lian zaw leh ua zawte zahtakna ahi. Laisiamna

leh sepna banghiam i neihi ziaik a thumanlouh sawm himhim tuailai ki om mawk hi. Saptuam heutute bang sit bawl mawk chihte hoih lou hi. Huaiziak in tuailaiten i poimoh mahmah khat uh heutute leh sang a lian zawte zahtakna ahi. Tualou in i theihna leh siannate uh Pathian a ding leh Pathian mi zat mahmah suah theih louh ding hi. Jesu Krist theih tuailai hihna tungtawn a sihtan dong Pathian adia ginna nei poimoh pen ahi. Tuailai Jospheh in Pathian ahihna a theitel a, a sihtan dong in Pasian in ganchiam (kanan gam) pitung ngei ding ahi chih theitel a, a inkuante kiang ah a guh gamchiam gam paw tung dingin thu pia hi. Tuailai Joseph bang a sihtan dong a Pathian adia hinkhua zang ding leh kipekhe ding leh Pathian thuchiam ginna toh muchian taktak mi bangzah i om ua? Tuabang a muchian ding mi Pathian in zong hi.

Thukhitna: Jesu Krist theih tuailai Jospheh hinkhua i sut bang a ei lak a Pathian' Kha omna mi, mi zeetna thuak ngam, Jesu batna nei, khan dan dik a khang, tuailai i om chiangin Pathian vision lohching ding hi. Tua Pathian vision suangkhum diktak phum dingin tuailaite Pathian in hon ompihna hen.

TUAILAI 2015 LOHCHINNA DING A POIMOH

-Pastor (Int) TK Shyam Valte

"...Ihinna uh humbit aom theih na dia Pathian in noute ma a honna sawl masa ahi. Nou bel kei siatna ding zong na hi ngei ua, himahleh Pathian in tua i om dan bang a tampite hondamna ding thilhoih na-na gel ahi."

"...hichibang a Pathian' Kha omna i mu zou kei ding ua hia?"

"Toupa tuh Joseph kiang ah aom a." (Gen 45:5; 50:20; 41:38; 39:21)

Thupatna: Tuailai 2015 thupi "Jesu it tuailai" chih a lohchinna dia poimohpen bang ahi dia? Tuhun a tuailaite'n saptuam a lapawl sak, biakna leh phatna a i biak dan in i hinkhua leh khotang a iki zat dan in Jesu a it tuailai hi in i ki thei hia? Tuailai Josphe hinkhua ngaihtuah mah dih! Suangkul a khum aomna mun ah "Toupa tuh Josphe kiang ah aom a..." (Gen 39:21) achi hi. Joseph hiai tan a tun theih na ziak tuh Pathian itna leh deihna a theitel a, ze-etna haksat taktakte douzou ahihmanin ahinkhua ah lohchinna in delhzui den hi. Tua mah tuailai te'n i hinkhua a poimohpen ahi hi. Jesu Krist theih tuailai hihna/kizopna dik neih poimoh pen ahi. Tuailai Josphe in Pathian ahihna theitel a, a deihelna bang a khiallou in Pathian deihdan sepkiak tum tinten hi. Tuailai nang Pathian deihna theitel in. Tua na theihna in na hinkhua hon khek zou hiam ki ngaihsun chiatni.

Jesu Krist theih tuailai ihihna tungtawn a Pathian adia zung kaih ding poimoh pen ahi. Tuailai Josphe Pathian ahihna theitel a, haksatna, dikloupi a ngohna, hekna tuak mahleh, Pathian ginna, Lametna leh itna a neih ziak in kisiamtanna ding zong lou in

thumangtakin suangkul ah khum in om hi. Bang sem ding a Pathian in nang hon deih hiam chih na theitel hia? Pathian adia zungkai hoihtak i suahna dingin haksatna leh thuak ding tampi om mai thei hi. Pathian tup leh ngim theitelloute a dingin lungkiakna ngen hi ding hi. Jesu

leh zan a I ngaihtuah gige diing ua deihhuai mahmah tuh Pasian thutak ahi chih hon theichian sak mahmah hi.

YOGA Mediation a bawl chiang un, Awm(OM) kichi thusamkhat khollou inneizel uhi. Hiai "OM" i chih Hindute pathian khirishna/Brahman mintang a, azat uh ahi hi (Bagavad Gita 7:8, 8:13, 9:17, 17:24). Ei-Gingute'n Pa/Aw/kumpipa/Jehova Pasian chidan a Pasian mintang a izat toh kibang ahi hi. Huhi i diklut kawmkawm a "OM" chi a lohtuantuan diing chi uhi. Khristiante khenkhat in hongden dan un, huchi a hihleh YOGA Mediation i bawl chiang in "OM" tang in "JESU" chi-in mediation bawl a sia kei chi uhi. Himahleh Laisingthou in "Huan, na thum un, Jentelte bangin gentuan mawkmawk kei un: a pau tam jak ua jak a om ding a kisa uh," TOUPA na Pathian min na lou mawkmawk ding ahi kei." (Matthai 6:7, Exodus 20:7; Deuteronomy 5:11).

Thukhitna: "Prime Minister, Narendra Modi in a genna ah Yoga kichi mihingte adia physical fitness kia hilou in lungsim sianthoua din leng pha tuam mahmah chi hi."

Saptuam te'n Mission nasepna hahtak a, i buaipih lai in, I gam ah Hinduism sinsakna in nakpitak in honnok lellel hi. Pilna, Siamna leh Thuneihna toh I douzou kei ding chih tuh theihsa ahi. Himahleh I thugin toh kituak lou ahihdan I theihna diing un hiai thu kon gelh hi. Sakhkaw lam ah kum-100 khong phet ihi ua, Population simtham leng i hinai kei uhi. Hindu te sakhkua ah kum asang asang a sim Hinduism na zuita uhi, a thil hihtheihna uh, a sum leh pai hauhna uh, a pilna leh siamna uleh sorkal lak a athu paipih dan uh pilvang tak a I theihkei in zaw I sakhkua sikden na leh sukman na lampi a hih khak ding lauh huai kasa hi. Huaiziakin, "...Ka mite aw, a khelhna a pang kha lou a, a gawtna na tan saam louh na diing un, amah a kipan hong pai khia un" "Ka mite aw, a sunga kipan hong pawt unla, TOUPA hehna lauhuai mahmah akipan, mi chih a mau ki humbit chiat un." (Kilakna 18:4, Jer 51:45).

Simtute tengteng Toupan theisiam thei din hon vualjawl chiat hen.

Dated: 27072015
valteshyam@gmail.com

deiktatna un Pharisaite diktatna akhup kei leh" (Mt. 5:20) achi. Pathian in sawm a khat leh thilpiak diktak a pia in hon enchian un, van tohlet hong in ka hon vualzawl ding (Mal 3:7-12) Na gam uh ka damsak ding a chi. I insung, saptuam sung, i gam leh nam damna dingin Toupa lam ah diktatna toh thilpiak ah kinkawnni hang, huchi hileh i gam in damna amu ding.

A tawpna in i Pathian itna tungtawn a i hinkhua zatdan kivelthak chiatni. Eite ki itna sihnung chia ki it saan, dam lai a ki it theilou, i Pathian itna utoh kibang geih (I Jn 4:20) Hiai leitung a i damsung a i u leh nau, lawm leh vual, insak-inkhang i ki it theih kei a leh i muh ngei louh Pathian itna leh thilpiak in gah suangthei lou ding mah ahi. I itna leh thilpiak kivelthak a Pathian lungkimna leh kipahna thilpiak pe dingin simtute tengteng Toupa'n thupha hon pechiat hen.

THUKUP

Seminar on "Numei & Biakna" organized by North Lamka Presbytery Women Fellowship - 04th July, 2015

Pathian Biakna I neih chianga I thiltup ahihleh siangthoutaka biakna, kisakhawl leh lamzang ahihding ahi. Huai dingin 'order' or 'decency' or 'preparedness' a poimoh mahmah hi. Huai omdan tuh Biakna a hunzang ding tuh kisakkhollna hoihtak neihding ahi. Huai in numei leh pasal a gen kei. Himahleh, numeite tuh Biakinn sung ah hiai Pathian thu za kahi chi in kikhop chiangin midang thugen laitak khawngin dingtoun, pautheihloun banga pau in a subuai sek uhi. Huaiziakin, amaute tuh a daih ding uh ahi a chi hi (1 Kor 14).

#Bangziaka numei chi sese?

Pathian thilsiam in leng paidan anei a, huai dungzui in numei a chi sese ahi zaw hi (Creation mandate). Pasal lutang Khrist ahi a, huan Numei lutung tuh a Pasal ahi. Huaiziakin, numei tuh a pasal nuai a hong kituklut

Hiche phat sung ahi mihem dan tuh a kilemkaina leh dan chu sangtah a jabolna phat ahi. A phat sung ahile Israel chate Aigupta a apotdoh uva patna Jesu Christa Cross a athi chan gei ahin kum sangkhat leh jail leh somko leh khat (1491 yrs) lutna ahi. 06. Phat gupna ahileh Houbungte phat (Church Age - Acts 2:47) Houbung kiti hi mitna muthei Hou inn hilou vin huhhung a umho Jesu Christan ahuhhing ho tina ahi. Houbung khang or Church Age kiti phat hi ahileh Pentecost nikho a mihemte Lhagoatheng peh a aum a patna rapture nikho chan hi ding ahi. 07. Phat sagina ahileh Lenggam/Kingdom kiti ahi (Rev. 19:20) Hiche phat hi ahileh Jesu Christa ahungkitna patna loupitah a Laltouna kang lentah chung a atouva thu atan nikho chan gei kumsang khat (100 yrs) sung hididng ahi, hichu kumsang lenggam tin jong akiseije.

Achunga phat sagi/7 dispensation achom lam tah a i sei utoh kilhon in mihemten i chon na diu i um ding dan hou (rules) themkhat veu hite. 01. Thutah chu ama phatcheh a hoptoh ding ahi. 02. Achisa/akichaisa phat ho a thutah chu tua phatna dingin hisah

jeng hih in (vetsahna - tulai a 7 day advantism ho in Judate dan chu tua houbung khang a miten a jui teitei diu a tiu..)

03. Phat ahung lung ding a thutah chu tua houbung khang a man teitei dingin ngai to jing hih in (Vetsahna - Tulaija Jehovah Witnesses kiti hon Rev. 7-na a hettohsah Israelte mi 1,44,000 kiti chu tulaija houbung khang a hi teitei ding a aseiju)

04. Tulai phat (houbung khang) khang a ding chu a hunglung ding phat a dingin hisah jeng hih in (Vetsahna- Houbung khang a miten gel len (Tribulation) chu a hetphah lou diu ahitai, tijeng thei ahipoi, a jeh chu ama ama (phat) cheh in a vetsah chu i pi ham i tileh (i) Mihem mopohna (ii) Mihem lolhinna leh lolhin lelna (iii) Lolhin lou jeh a thutanna umcheh a ahi)

Tu phat lungsetna khang (Houbung/Church Age) hi rapture a hunglung teng leh kichai ding ahitah leh hiche nikho a lahdoh/ lahtouva umna ding a apoimo pen chu Christa Lhago nei ahi (Rome 8:9) Lhatdoh nikho (Rature) a ding a Lhagoatheng a Mohar kinam (Eph 4:30) ho iti loupai a hitam? Christa Lhago chu na nei hinam?

Aphat phatna Pathen vaihopda

(Dispensation or Administration Principle)

By Pastor (int) Ngamtinghang

Mihem chonsetna jelh leh amopohna (sin and responsibility) thu dol in a phat phat in (a period of time) a chung u vah Pathen in vaihopna abol in ahi. Hiche 'phat' ahilou leh dispensation- Pathen vaihopna kiti thumal hi Bible a Ephesus 1:9-10 in mudoh masat leh hetdoh in aumin ahi. A phat a lhintenga a din vanna leh leiset a thil umho jouse Jesu Christ a agopkhomsah ahiding thu ahi. Hichejeh chun Pathen in a phat phatna mihemte chung a avaihopna ho achom lam in (in brief) aban ban in veu hite.

Phat sagi (7 dispensation)

01. Phat khatna ahile mihem themmna beihel leh lungthensel a aumphat (innocence). Hiche phat hi ahileh Pathen in mihem ahin semma patna mihem chonsetna a alhah phat chan ahi (Gen 1:26; 2:23) Hiche 'phat' Pathen mihem ahinsem a kipatna honsetna alhahkah sungse a hi mihem chi mona beihel leh lungthensel a ana um a ahi.

02. Phat nina ahileh mihem chonsetna a alhah jouva selepha hetkhenna/chihna (conscience) ahin nei phat chu ahi (Gen.3-7) Hiche phat hi ahileh mihem chonsetna a alhah a patna Noah khang a tuisang letchan ahi. Aphat sung hi kum sang khat leh jagup

leh somnga leh gup (1656 yrs) sung ahi.

03. Phat thumna ahileh mihem kivaipohna (Human Govt.) ahi (Gen. 8:1-11:9) Hiche phat hi ahileh Noah khang a tuisang let akipatna Babel insang kisuchim a mihemte pao ahungcheh phatchan ahi. Aphat lutsung hi kum jail leh somi leh sagi (427 yrs) ahi.

04. Phat lina ahile 'thutep' ahilouleh 'ketepna' ahi (Gen 11:10- 15:21). Hiche phat sung ahi ahileh Pathen in Abraham akou a kipatna Israel chaten Canan gam jon ding Aigupta a apotdoh u (Exodus) chan ahin, kum jail leh somthum (430 yrs) sung ahi.

05. Phat ngana ahileh dan (law) a kivaipohna phat ahi (Exo 19:1-8).

chiangin Khrist nuai kitulut chihna ahi. Hiai thupiak Pathian in mihingte zuh dinga honpiak lak a masa, lu/ gil mahmah ahi chih Paul in theichian law mahmah ahihman in huchibang a biakna a kisakhaw hetlou leh biakna paille subuai ding khopa ana paupau mite kiangah a thupiak khauh mahmah ahi. Hiai in numei kia chihna ahikei, prophets te leng tel ahi uhi.

Paul in dan (law) kichi tuh Pathian biakna a dinga paidan hoitak zuih theihna dingin a poimoh ahi. Huaiziakin, dan in numei biakna ah dai dinden hen chih a ngiat hi. Hiai chet eive Paul I theihkhelna nak na uh hi a katheih. Paul in numeite limsaklou/nuaisiah ahi chihna hiai a hong piangkha ahipen mai hi. Himahleh, Paul thiltup huai hilou ahi. Paul dikloupi gum kahikei a, a dikna hon gen sawm kahi zaw. Aziak ahileh, a laikhakte ah numei hunkhop a nasepna ah panpihtu ahidhan uh gen hi: Phoebe, Priscilla, Mary, Junia, Tryphena, Tryphosa, and Persis (Rom 16); Euodia and Syntyche (Phil. 4:2). I theih ding ua poimoh hi a katheih tuh, Paul in tuabang a numei poimohte kuamah a pasalte uh/ pasal tung ah thuneihna lahkhiat tum a omkei uhi. Thamlou in, amaute tuh a pasalte uh thuthu a om ahi zaw uhi.

Huchi ahileh, bangchihta ding?
Huaiziakin amaute 'n a pasal uh innlam ah dong uhen a chih na taka hi. Paul in hiai a hon thugen tuh, thilsiam paidan ahi a, huai thilsiam paidan suksiatna in biakna leng subuai zaw ahi. Pathian tuh kituahnna Pathian ahi a, thil kichuptaka pai ding leh hih dingdan/paizia zuihdng omsa geelkholsa a neithe zui dinga mihingte hon phut ahi. Huai zuih mah zaw Saptuam chidamna ahi ding.

Presbyterian Church in India (Reformed) kichi sung ah hiaithu numeite panlakna a ngaihtuah khawm hong hih kipahhuai kasa. Numeite 'n I laisiangthou ana sim un, ana sut zaw uh mah bang kasa hi. Tua ahihman in, hiaibang a theihsiamlouhte kikupkhawmna (consultation) neihtam in Pathian thu (Bible) theihna a hon khangsak tuan mahmah dingin ka um hi. Huan, hiai hun a ngaihdan hoitaktak kumtute ziakin theihna a kibehlap a, Seminar petute ziakin theihna tamtak kibehlap hi.

- Pastor (Int.) H. Thiankhanmuan, Engedi Church PCI (R)

GOSPEL THUPHA MAH IKI BULPHUH KIPNA DI LEH I SUAHTAKNA DI MAH AHI

-Pastor Goukhansiam

Tu August kha India mite adia zalenna leh suahtakna kha ahil toh kiton in khalam suahtakna hongpia i Toupa Jesu Kris min manpha leh A itna nou ngi-ngei to hi deihthoh messenger simtute itna chibai hon buk masa ing!

Gospel Thupha i gam a hong tuna a kum 105 ahi ding leh hi. Khelhna sal a pa lungsim a i tanna ua pan suahtakna hong pia Toupa min i phat hi. Pathian hehpihna thupha mahmah i tan zel manun salam leh khalam ah khantouhna gensenglouh i ngah uhi. Gospel thupha in bangzahta in i gam leh minamate hon domsang a hon lamtou hiam chih sut seng leh gen seng hilou ding hi. Hizang dong a Pathian deihsakna i tan lai in amah tung ah i mohpuakna bangzahta a lian hiam chih zong i phawk kisam hi. Tua i mohpuakna phawk kha hetlou tamkhop omlai ding ihihmanun i nasep ding tam petmah lai ahi chih kilang hi. Inn leh lou, mun leh mual, neih leh lam a muh theih a i khantouh a leh Toupa gam nasepna ah leng nakpi

a sem thei ding a hamphatna tang i hihdan a kilang mahmah hi. Vualzawlina i don toh kikhom in Toupa gam nasepna ah i kizang in i gahsuh hiam chih ei mah ki etchet petmah kul i sa hi.

Gospel-Thupha kum 100 bang a hongval tak toh kiton in thu kigen, thu kisuah leh lai kigelthamp ii za in i mu hi. Tuat ahi i hisap khelh leh theihkhel omkha hiam chih ngaihtuahna ah ahong lang thei khenkhat ka lungsim ah hong om mawh hi. Mi khenkhat in tangthupha hong tuna kum 100 a hong val mawh a leh a piangthak suak vek a kingaihtuah mawh i diam? A khami vekta ding bang a ki ngaihtuah mawh i bang uh kasa hi. Tua bang ahi ding mawh dan a i ngaihtuah mawh leh hiki kha le a

Na neih bangbang pia in: Pathian adia piak ding neih leh lam, sum leh pai, zou thilte na nei ahikei mai thei, himahleh ei Kristiante 'n thilpiak a i piak ding Pathian in ahon deih tuh i lungsim a itna ahi. "Kata na lungsim hon pia in (Pau 23:26) a chih bangan Pathian ngaih a thilpiak thupipen tuh lungsim ahi. Jesu temple a alut lai in thohlawm pete ana en a, mihau tampite 'n thohlawm tampipi a khiaua, huai ah meithai zawng mahmah in dal dangka nih akhia hi. Jesu 'n a nungzuite kiang ah "Chitaktak in kon hilh ahi, thohlawm khia tengteng lak ah hiai meithai nu 'n a khe tamen, aman ahitundidng na din a-ngawn leng sitlou ina khia" a chi hi (Mk. 12:41-44) Hiai ah Jesu 'n thohlawm pete a et chiangin a sumtam ana enkei a, a lungsim ua akipumpiakna uh en ana himaimah hi. Huaiziakin ei mah a om i lungsim Pathian in ahon deih hi. I lungsim leh pumpi amah adia pe dingin ahon deih a, thilpiak in Pathian mai zong lehang aman i taksapte hon piak behlap ding hi (Mt. 6:33) Pharisa kongzing a thum a Pathian mai sang a mihing mai zong a kipahman zongten kipahman mukhin uhi, huai i bang maimah kha diam? Kingaihtuahni!

Pathian lungkimna thilpiak: Laisiangthou i et chiangin Kristiante adia thilpiak leh thillat chi tuamtuate i mu. Etsakna in, Kaina leh Abel thillat (Gen 4:3-7) Kaina thillat ah Pathian akipak kei a, Kaina leng a heh a amai a mial chi hi mu. Hiai thillat nihte khat a Pathian kipak a, khat a bangziak a kipak lou hiam? Kaina in a thillat kipiakkhiakna omloupi thillat ngeina dan a alat a, ama lungsim sukha ahil louh ziak a Pathian kipak lou hingen dingin a gintak huai hi. Laisiangthou in "Itpipi a pelou in, lungtang a atup bangan pia hen, Pathian in kipaktak a pe mi ahi a it" (Kor 9:7) achi. Huaiziakin Kaina bang a hazatna toh thilpiak i lat leh Pathian lungkimna i tang kei ding.

Abel in ahileh a ganhon lak a ahoihpem leh a thaupente alan chi hi mu (Gen 4:3) Hiai in a thillat alatma in amah ah kisakholhna teng alungsim ah aman chihna ahi. Huaiziakin eite leng lungsim a kisakholhna toh Pathian kiang a thillat lan dingin ahon deih hi. Pathian kipahna thillat petu ihihna dingin i hinkhua mahmah a gahsuh masak ding ahi. Jesu 'n "Na

zu mun nopna, zukhamna lampite ah i pialmangta uhi (Gal.5:19-21)

Hiai atunga-te zia kin ei gingtute khat leh khat ki ittua a, ki hehpih tuah ding a Pathian in hon deih hinapi in a deihna i taisanta uhi. I mihinpih, u leh nau, lawm leh vualte a ding a itna pe-phal nawn lou in khovel a ding in i ki pia ua, Pathian hon deihna pen i taisanta uhi. Laisiangthou in lah "Ken nou kon it bangin khat leh khat ki it un. Mi'n a lawm adia a hinna apiak sang a itna thupi zaw nei kuamah a omkei" (Jn 15:12,13) a chi. Ei gingtute adia Pathian in a deihpen ki itna ahi. Huaiziak tak a itna "Ka thupiak" chi ahi. Gingtute i ki et chiangin i hinkhua ua taksappen uh zaw itna mah ahi. Khotang leh saptuam pawlpi sung i et chiang a lah siatna uang deuhdeuh, i nek tam a thohlawm i piak tam leh saptuam a thuklut deuhdeuh. Hun bangtan hiam paita a ka zak khat, "Damlou operation di atanbaih ut zia k a doctorpa sum a piak dek leh doctor in "Ken sum ka la kei ding, hiai sem dia government in loh ahon piak ahi, lak ding ahileh leng Kristian ka hong hih chiangin ka la na ding" a chi chitel uh eivoi. Huai

khawng zia k mahmah eive Kristiane kol leh vaite'n hon simmohna.

Tula ii gam i et chiangin government in hon puah hoih deuhdeuh, i gam se deuhdeuh. Sanction lut tam deuhdeuh, nasep hoih lou deuhdeuh. Tagah meithaite khualna lian deuhdeuh, aneite hau deuhdeuh. Pilna siamna sang deuhdeuh, sappau a si lah tam deuhdeuh. Mite'n birth control abawl ua, ei lawi in baby control hah bawl deuhdeuh. Israelte Aigupta sal a atan lai in nau piang pasal peuhmah thah ding Pharo in thu apia a, himahleh naudom numeiten Pathian a kihtak zia kun ahing hawi zel ua, kumpipa kiang ah hichi'n a chi zel uh "Israel numeite a fel mahmah ua, kou tunma in ana nei man zel uh" achi uhi. Ahileh unaute hiai Pathian neiloute'n bawn itna, hehpihna aneih ua leh ei gingtute'n i neih sem uh poimoh hilou hiam?

Pathian in eite ahon itna zia kina Tapa neihsun ahon pia a, huai tuh eite manthanglou a i hin theihna ding ahi (Johan 3:16) Eite'n amah a dingin Kristian thilpiak in bang i pe thei dia?

lauhuai mahmah ahi nawn hi. Tua kia hilou in a lungkiak huaipi hong suak mawk thei ding hi. Aziak bel kristian khempueh tua hileh kum 100 val a upata a, hoih vek ding chihna hong bang thei mawk di hileh kilawm in ka mu hi.

Kum 100 sung mai a le hiai hunsung in naungek tampi piang a, amaute piangthaksa in hong pianglou uhi (Jn 1:11-13) Tua naksangin amaute pianken khelhna toh a khialsa in hong piang uh a (Gen 5:1-3; Sam 51:5, Rom 5:12) a lungtang ua a ngaihsutnate uh buah gawp a (Mk 7:21-23) Khelhna sung ah gamta uhi (Gal 5:19-21) Amaute a hoih taktak na dingun pianthakna kisam uhi (Jn 3:3-7) Eite lak a gingtu kichi khenkhatte piangthak lempi hi ua, tampite lah nungtolh ahi uhi. Kum 100 paita a ana piangte lah sinkhin phialta ding ua, Kristian kum 100 damomalehzongki tawm mahmahta ding hi. Tua zia kin i nn sep ding tam mahmah ahi chih kimu thei hi.

Gospel- Thupha a hong tuna kum 100 bang hong val theih aleh tangthupha hong tunning leitung kum 100 val in teek zata a, tuabanah kise zaw thamthamta ahi

chih hon theisak hi. Aziak tuh Laisiangthou in "Hun nanung ah pawlkhatten pimangna khate leh dawite sinsaknate lungzuan in thugin a taisan ding uh chih kha in kiteltakin a gen hi" chi in a hon hillkhol hi (I Tim 4:1) Tua banah, Pathian thu in "Ahihhangin hiai chiamteh in: Ni-nanungte ah hun haksate hong om ding hi. Mihing, amau leh amau ki itee, dangka sum deihate, kisialhatte, kisatheite, Pathian gensete, nu leh pa thu mangloute, kipah dan theiloute, siangthou loute, hong om ding uhi. Itna beite, ngaihdam theiloute, gensiat hatte, zuautate, ngongtatte, kimisakte, Pathian it sang a nopsakna it zawte ahi ding uhi. Pathian limsak batna a nei ding ua, ahihhangin a vangletna a nial ding uhi. Hibang mite kiheisan in" (2 Tim 3:1-5) chih vaukhollhna thu i mu hi. Tuabang a mite lak a nasem ding a o mi hi chih mangngilh hetlough ding ahi. Tu khang hun mite demsiat leh gensiat in bawl hoih lou ding a, Krist hotdamna tangthupha in bawl hoih thei phet ding hi (Rom 1:16,17; I Kor 1:18) Sanggamte aw, hun hong paipai chiang a leitung mihingte hong hoih deuhdeuh ding

hizaw lou in, hun leh nite, kum leh khate a bei touhtouh chiang a kise sem sem ding hihtuak zaw hi. Toupa leh Hondampa Jesu Krist, a misiangthoute latou ding ahong paima, gimthuakna hun atun ma a zong puksiatna om masa ding ahihdan hihlkhoh in om hi (2 Thess 2:1-4). Tua tham lou in Kris thong paikikna ding na-ngawn a nial pawl hong om lai ding uhi (2 Pet. 3:3-7) Tua toh kisai intukai gingtuteni hih ding poimoh tampite lak ah i bulphuhna din chi thum in i gen nuam hi.

Khatna ah: Toupa a hong pai ma teng amah a ding a muanhuai a, anuam, ahaksa, khemna leh zeta, gelgawtna lak ah leng thuak hattak a sih dong a i pan ding uh ahi (1 Kor 15:58; Jakob 5:7-11; 1 Pet 4:12-13). Misiangthou paikhinsate kuhkalna etteh a i neih ding uh ahi (Heb. 11:1-40).

Nihna ah: Sianthouna leh Pathian mitna limsaktak a i nuntak ding ahi (2 Pet. 3:11-14,17,18). Pathian mitna a i nuntak ding leh: Biakin kai gige, thohlawmpiak gige leh inkuan maitam khah hetlou a i neih det ding uh ahi. Khovel siatna khempeuh apan bitna ding omsun ahi.

Thumna ah: Tangthupha ahun leh a hunlou chilou a mite' n zanuam in za nuam kei tale hi gen ding uh ahi (2 Tim. 4:2-5) Khenkhatten tangthupha i gen ding, mi tengteng i zaksak ding, a zak a i zaksak ding i mohpuak ahi chi uhi. Eite' n bel mi tengteng i zaksak ding kia hilou in Toupa leh Hondampa sang ding a i kut ngut-ngut ding uh ahi. Tua ahihkeimawk leh a suahtakna ding uh lampi dang om thei lou ding hi. Nga (Fish) man ding in luidung ah kuan bang hitalechin na leen in nga na khuh a, tui sung ah na pai hi. Na paih zoh chiangin tui sung ah na nuse mai hiale? I, nuse mai lou e! Nga na mat leh matlouh thei ding in na leen na kaikik mah vele maw? Huai mah bangin eite' n gen ding hanga, Pathian in hotdam dingte hondam main a ding ahi chih hui-hiau ding hilou ahi. Hotdamna lampi kitheihchet theih na didan kichiantakin i kawmuh zaw ding ahi (2 Kor 4:11-15; 1 Thes 2:1-12) Mi li (4) in a zawn uh zeng hihdamna na ngaihsun ngei hia? (Mk 2:1-12) Pathian in a tangthupha tungtawn a leitung mihing kisegawpte bawlohih ding leh khelhna sal a tangte suakta sak ding in simtute kuapeuh hon vualzawl hen.

Kristian thilpiak leh Itna

Pau 2:9; II Kor 9:7

By- Pastor PL Thanga

Hun leh nite hong pai zel in, sing leh loupate hong zel nou in, haichite' n dawn suangin gahte hon suangkha ua, amaute' n amau chi omdan bangzel in Pathian thupina apuangzak zel uhi. Ahihleh ei mihingte amaute sang a thupizaw a siam a omte' n bangchi in Pathian i pahtawi ua chih iki velthakna ding in hiai "Kristian Thilpiak" chih tamlouin i gen ding uh. David E Jones in "Zing in vasate' n Pathian a pak uh, mihingte kia lou ngal hih ngai omlou" chih in la ana phuak a, huaiziakin gen zel maini maw le.

Pathian in sing leh loupate a siam zoh in a en a hoih asa mahmah (Gen 1:1-26) chi hi mu. Hiai te' n tunitan in amau piandan leh omdan ngei- ngei in Pathian thupina a puang zel uh. Ahihleh amah batpih a siam a thupina puangzak ding a siam a omte bang i chi ua? "Chidik mahmah ka hon tuh a, bang achia grape taklou na hong suah maimah" (Jer.2:21). Ei mihingte a thupina puangzak di leh thilpiak a amah pahtawi dite Isai laibu in agen bangin i vakmang ua, ei mah lamtuam chiat ah in a pialta uhi. Toupa' n amah tung ah i vek ua thulimlohna a ngata (Isai 53:6) Hiai ziaktakin Pathian in it takloute hon it a, hehpih tak louhte hon hehpih, hamphat huai hina maizen e!

"I Toupa Jesu krist Pa leh Pathian phatin om hen, Aman tuh vanmunte ah khalam vualzawl na chitengin Krist ah ahon vualzawl ta hi. Ama mai a siangthou leh dembei a om ding a leitung pianma a honna tel tak bang ngei in. Itna ziakin a tate hidengin honna sepkholta hi" (Eph. 1:1-5)

Khat leh khat ki itna: Kristiante a dia thilpiak thupipen tuh khat leh khat ki itna nei a, kihehpih tuah ding in Pathian in hon deih. Hinapi in eimah sa nopsakna zongin angkawmna, kingaihna, thanghuaina, hukna, milimbiakna, bumna, huatna, kinakna, hazatna, hehna, kilanna, omtuamna, gintuamna, deihgohna, tualthahna,

August
2015
Presbyterian Church in India (Reformed)

pci MESSENGER



MMF/PMF in Naodakhong ah
tagah inkuan khat panpihna pia



If undelivered, please return to:

The Editor
PCI Messenger
P.O. Box-32, Presbyterian Church in India (Reformed)
Head office : New Lamka (H) 795128
Manipur, INDIA

BOOK POST

To:

Four horizontal lines for an address or recipient information.

PRODUCTION TEAM

Editor

Rev. Khen P. Tombing
C/No. 9862088190

Jt. Editor

Rev. H. Chin Thiansong
C/No. 8731850322

Contributing Editors

Rev. G. Suanzalam
Rev. Khamlianmang
Eld. T. Khupzadou
Eld. Langkhanpau Guite
Eld. N. Thangzamawi

Cir. manager
Mr. C. Biaklun

THU TUUNTE

Editorial	01
YOGA	03
Aphat-phantna....	10
Gospel mah!	12
Kristian Thilpiak	15
Thukup	18
Tuailai 2015	20
Khualzinna report	22

Head Office

Presbyterian Church
in India (Reformed)
Box -32, Hebron Veng,
New Lamka 795006
Manipur, INDIA

Subscription Fee

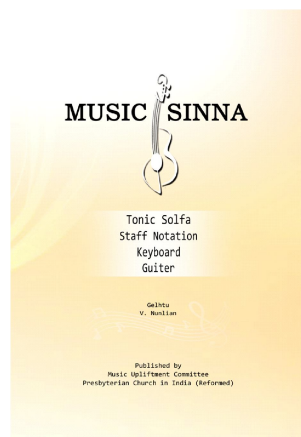
Rs. 10/- per copy or per month

Website of the Church

<http://www.pcireformed.com>

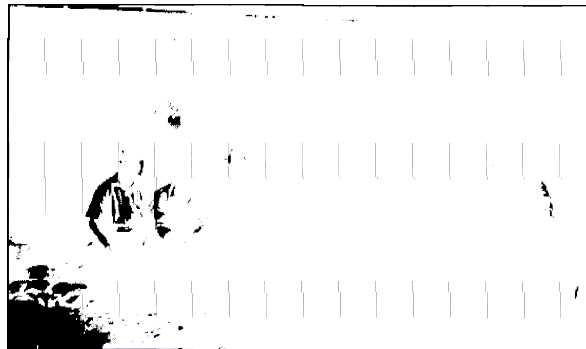
A sung a thu
kisuahate editorial board
ngaihnan ahivek
kei.

Printed, published and edited by Rev. Khen P. Tombing at Diamond Offset
Press for the Presbyterian Church in India (Reformed)

MUSIC SINNA BU
ZOH HITA

Music Committee, PCI(R) in a bawl Music Sinna Bu, July 30, 2015 in Rev. Kham T. Valte in Pathian kiang ah latna leh honna PCI Head Office ah nei hi. Hiai Music Sinna laibu pansan a i saptum sung a Music (Tonic Solfa) examna kibawla ding ahimanin ngaihven kin poimoh ding hi.

A lei nuamte'n chiklaipeuh in Head Office ah bu khat Rs. 50/- in lei theih ding hi.



Bishnupur a Hotdamna camp
a telte leh MMF heutute