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Romte 14:6. Thil i tuahte tuh etdan tuamtuam in en lehang ei mimal adia haksatnate bang leng Pathian kianga kipahthu genna dia hoih penpente ahih hun tamtak om ding hi. Piak khatna in apetu kipahna tun hi “ lak sangin piakin lukhong nei zaw” Nasepte 20:35. Tun i n huan hai

sese piak di i nei kei maithei himah leh Vualzawl i tansate leh i tanlai dite ziaak in Pathian kianga kipahthu i gen ding ahi. I nek ding a huanhai leh Saptuam chih in Haithak i muhte ziaakin, hon petu Pathian kiangah kipahthu gen in, thupina i pe ding uh aw!

# GAHMASA HAITHAK

Sam 104:14; Pau 3:9

*“Na leigah masapente uh, kum teng in,  
TOUPA na Pathian uh inn ah na hon tawi chiat ding uh ahi,  
“Christ tuh gah masapen ahi a; huai khit chiang in,  
a hongpai nawna ah Christ ate,”  
(Exo 34:26; IKor 15:23).*

**Thupatna:** Saptuam i dintung ua pan, Haithak lop kichi kum teng a, ina neihzel bang un, Tukum a haithak Program nei thei nawn ding a vualzawl na honpia ibiak Pathian kiang ah, kipahthu kagen masa hi. Munkhen khat ah, haithak i lopchiang un, Ei-mah louma a piangkha hilou, Bazar a kilei khom in, Ei-mah sepsuahsa bang a ngai in, Pathian kiang ah, i lankhe zel uhi.

tuh Pathian adia gah pung masa pen ahihdan kichian tak in gen hi, *“Israel bel TOUPA adia hih siangthou, a gah pung masa ahi...,”* (Jereniah 2:3).

**Thukhun thak hun:**

Thukhun lui hun apan in thilpiak ding petu Pathian ahihdan leh thilpiak Pathian kia a piakte uleh a thilpiak pete ahihdan kichiantak in i theita uhi. Himahleh, thukhun thak hun in bel, Sawltak Paul in, *“Christ tuh gah masapen ahi a; huai khit Chiang in, a hongpai nawna ah Christ ate,”* (IKorinth-te 15:23).

Pathian in thukhun lui hun in, gahmasate Amah kiang a hoihtak a pe ding in ana phut hi. Huchi mahbang in, Israelte'n leng a Pathian kiang ah, Tapa piang masa pen tan in analan uhi. Tua in Pathian a hinkhua uah phok sak gige hi.

Tua mahbang in, Pathian in Gahmasa/Haithak amah kiang a laan a, Pathian apan vualzawl na tan bangbang un, kipaak tak a Pathian kia pe thuk ding in hondeih hi.

**Thukhitna:** Thiltengteng siamtu Pathian ahi a, Pathian akipan lou khat mah leng a om kei hi. Aman honpiakte amahkiang a i piak uh ahi zaw hi. Aman thilpiak honpiakte ziaak in ikipak ding ua, amah pahtoina in thilpiak i pe ding uhi. Huaiziak in, Gahmasa/Haithak i neek a, i muhlai in, hon pepa i mangngilh kei ding uh aw, hiai Gahmasa/Haithak sang a, manpha zaw NANG na hi chih kimangngilh lou a, Christ deihna bang a, hinkhua zang ding in, i kichial hi. Toupa'n Gahmasa/Haithak zangtute tengteng hon vualzawl chiatta hen, Amen!

Date: *pastor tk shyamvalte*  
022072019  
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# RBI – “Reserved Bank of India” chih toh mi’n hon theih buai nawn louh na ding.

# ReST – A lamtom a ReST i chih chia, “khawl,” “tawldam” chihna ahi a, huai tan lel hilou a atak a khalam tawldamna i ngah theih i duhthusam ahi. Huchia Bible school mun pen a min mai hilou a – Salam leh Khalam a i tawldamna mun mahmah ahong hih ding i deih ahi. Huai mun va sikkha, vazangkha-te peuhmah adia Jesu Khrist toh kikhohlhna, kithuahna leh tawldamna muhna mun hong hih ding deihna ahi. Huchia Khrist toh kithuah a tawldamte peuhmah thathak toh Pathian adia kuankhiakna mun zong a honghih ding deihna leng ahi (Mark 3:14). Hiai bangteng ziakin RBI pen ReST chia a khek ahi a, tua kipan in RBI Sunday pen ReST Sunday chih hong hita ding hi.

**4. Campus zattthehta:** Pathian vualzawlna tang a Campus development kum 2015 apan i pat uh tu Chiang in muhtheih a masawna tamtak omta hi. Huai dungzui in Saptuam bing khat hiam, Department khat hiam in Seminar, Camp, Chialpina leh Pathian thu toh kisai a kisinsakna tuamtuan dia zatttheih ahita chih ka hon theisak hi. Huchi bang a zang utte’n Principal thuzak in a zatman tamlouchik pia in a zat theih ding hi.

**5. B.Th. Program:** Pathian hon makaihna lamem in kum nawn 2020 a Lai Siangthou sinna Bachelor of Theology (B.Th.) Program pat kisawm hi. Huai dia lunglutna nei kua peuh kisakhawl a, Principal thuzak ding in i ki-ngen hi.

**6. Chapel vanzat ding ngetna:** I gensa bang in US apan lawmte’n Rs. 15,000,000/- (15 lakhs) bang seng a hon huh nungun eite leng pangkhawm le thil piang thei hong om ding ka lamem hi. Huai ding in, tukum RBI Sunday ah, Chapel sung a tutna ding Bench thohkhawm leng chi in ka hon ngen hi. Huai ding in Bench 30 ki poimoh a, Bench khat bawlman ding in Rs. 7,500/- hi ding hi. Kuapeuh Saptuam min, Department min leh mimal ahikheileh memorial gift a pete hoihtakin kichiamteh ding a, Bench a leng taklat hi ding hi. Kakipak! RBI Sunday zatnuam!

mahmah leh makai hihna toh kisai, lehkhabu simtam ten na thei mahmahding un ka koiha, hileleng a sunga thute apan tamlou bek simtu deihtak te adinga aphattuumna neuchik bek a om khak le chiin, JOHN C. MAXWELL in a laibu gelh ah”MAKAITU HIHNA TOH KISAI 101” a panin ihoulim khawm uh aw!

**1. MUANHUAINA TUH ASUUTPI AHIH DI.** (Trust is the foundation of Leadership) **Sam 37:3- 6.** Hiai toh kisai i theihshiam sem na dingin, singtanga inn ilam chiangin amasapenin a khuam dingte iphut siusiau masa hi. Tua a khuamte lak ah akila khuam lite adangte sangin a thujuk tumsak zodeuha, huai ban ah a thuktum zolai tuh a **SUUTPI** ahi. Aziak ahihleh huihpi leh gialpi kithuah in a muut khak chianga apanzoh na ding leh achipsiat louh nading ahi tangpi hi. Huai bangmahin, tulaiin i sahkhovai hi in, simlei vai hi in, khotang kivaipuakna (society) hita leh uap khawmvek in ka mu hi. Aziak chu i gamtat-khohei uah **muanhuaina** hinkhua taksapna alet mahmah manin, i makaitute uah mipiten a muanngamna uh

amangsak uhi. Tuma ka chialpi na khat ua, ka in vehna uah papi khat toh ka houlimlim uleh, hichiin hon gen mawk hi. Ken tuh tulaia khotang vaia makaite muang selou ka hi aziaktuh, amaute toh nitaklam tenga zu kidawn khawmthei zel ahiah chia chi mawk hi. Huai ban ah tangval khat ka houpihna ah hiai chizel, na chialpi chiangin kei gen zaw chicken la saptuama Deacon khonga kizang hingala, khen khat khawng toh zan sawtpipi tu a laikap (playing card) khawng kimawl ihih chia, makaitu hiletu le gintak haksadeuh uah ahi hon chih khum hi. Lamdang ka sa a poi kasa pet mah hi. Hiai ziaak khawng mah hi dingin ka ngaihtuah imakaihna ua ilohchin theih het louh uh chih ka muh dan ahi. Nang leh kei a din kibawlthak nading tampet mah ahi sanggam it. Pathian toh ikizopna adik louh chiangin **muanhuaina** i tasam ua i pi miten hon muanglou in makai lohsam i suak zel uhi. *General H. Norman Schwarzkopf in agenna ah, “Makaitu in lemgelsiamna leh omdan khawhei- gamtat kilawm aneih khawm di “ahi achi, aban agenzom zelna ah, “Makaihna leh omdan hoih atonkhawm gige di ahi achih behlap lai hi.*

*sunga vualzohna pen mite theihpihna maimai ahia, atak tak bel niteng hun zatna (daily routine) ahi zaw achi hi.” Aban azenzel na ah na damsung tenga na hih dingdan (fight plan or a life plan) na bawl khiak ding ahi. Huai tengteng ban ah, na lohchinna dingin na niteng kisakkkholhna leh na hun zat dan a poimoh pen ahi jaw achi hi. Semtute leh makai deihthohte aw na niteng kisakkkholhna leh na hunzat dan en kik in.*

### **3. A GENTHOHMAI HILOU A ATAKA SEMSUAH MI. (A man of action) -Num 14:1-10.**

Hiai atunga Bible tang kipiata a pan i et leh Joshua leh Kaleb muanhuaina leh chihtakna imu thei hi. Amau bel akhaph tam lamlam juih ding thupia nei vetlou uhi. Eite toh ikikhai ngei mai maw ! eiten bel akhaph tam lamlam juiin hamphat theih nadi lamlam a delh duaiduai in i awn duamduam zel uhi. Hichidan pen ahoihlah ahi gige khol diam ah! Joshua leh Kaleb in bel mipite kapsak thei makaite ma a kikhung ngamin thudika vualzoh sawmin “*I tungua Toupa akipah leh chih pansana nei in mipi*

*lunglel leh kapte kham dai zou in a muan uh Toupa nga tinten in huai thumalte in khamuan uhi. Toupa tungah hel kei phot le uchin chiin amailam hun dinguh gelkkholhna nei in kalsuanpih sawm uhi”.* Hiai in ahon sinsak ahiehleh, agen chauh sisi mailoua ataktaka semsua mahaitu lohching ihih ding uh hon deihsakna ahi.

Kum 1900 hunlaia, mi thupi leh mihipthei or lungsim la thei (flamboyant) makai lohching chia theiha om U.S. vice President Theodore Roosevelt in U.S. president thak dia kisakkkhol Mc Kinley adia thugenna 673 vel aneih banah, mel 20,000 tan huapin khualzin lai hi. Huchihlaiin, Milwaukee mun a athugen laiin Roosevelt thah din a awmbuk a kaapin om hi. A nakguh kaptan sak in om mahleh, a thugen sutzop ut in hospitala apaipih ma ngeingei ua dakkal khat thugen lai ut tinten in oma, huchiin, alawhngaihna atheihlauh tak un phalna pia in thugensak mai uhi. Huai nung in damdoi in tut in om pan chi hi. Mi, huchibang a hangsan leh makai ngam ding i gamin nak pomoh hina tel hang e maw lawmlawm mai !

*vung theilou toh kibang kha ding hi, ute naute i omna chiat uah ki ngaihsun kik ni. Apostol Peter in bel “ nou honsampa a siangthou bangin nou leng na tatdan tengteng uah hong siangthou jaw un. Noute na sianthou ding uh ahi kei ka siangthou ngal a achi hi.(1 Pet 1:15).*

**THUKHITNA:** Makaitu lohching hih na uta, hih ka ut leh i gamtatkhaw-hei uh adikna e chia miten ahon theih ua, nang leh keia **muangamna** ahon neih Chiang un, makai lohching hithei pan ding ihi uhi. Huai dingin simtu deihthoh tak maite tengteng ikivel chian thak uh aw! (Aban sutzop ding).

## KIPAHTHU GENNA

Pathian leh Saptuam heutute deihsakna ziaik in ka tapa uh M. Sangminlun (Singngat) Tuition Grant a chawm a om in tutung HSLC Exam na ah I School deih thoh mahmah Singngat Rayburn High apan in 1st Div a ahon zohkhiak man in Pathian leh nou Heutute (H/O) te tung ah I Messenger tungtawn in kipahtu ka hon gen uhi. Toupa'n pahtawina tengteng tang ta hen.

Kakipak petmah uh,

Mr. M. Kaibiaklian leh Nu Chingzalam (Apa leh nu)  
Singngat PCI,R.

kim-leh-kiang zil a thupukna hong-om thei pan pawl khawng a om ziakin, gentam leh kikap-tam kul in poimoh hi. Tuabangin, nang koi a om a? koi a omlou ding? Bangteng a hih-a, bangbang-teng hihlou-ding, bangchik chia (bang hun a) bangchi-om ding? chihte-khawng in haksatna- takkhat neimahleh, kidot gige ding ahi.

**III. Nungzuihna toh kisai in** – Khristian, nungjuitu, mimal in nungzuihna -haat leh-det dou (dynamic) tak a, A' nung i zuih tu Jesu Khrist banga om ding a kisak Chiang a buai huai pe'n khat ahileh, **Mimal ki-etna (Self-Egoism)** ahi. Tuabang a, ei leh ei ki-etna alet luat Chiangin, lungsim a ngaihtuahnate leng, adik-atang a pai mumal theilouin, mi ahon ki sia-sak hi. **Etsakna;** Bus/Gari sung-a meikhu teep; Casettee play, i ma a-te tutna (Biakin sung na ngawn a) tutna siika khe khuang kaitou, mit don huai, leh a dangdang... Huan, nungjuite'n, nna I' sep leh thilhihte: '**Man Centred**' hilou a, '**God-Centred**' leh '**Christ-Centered**' chih, a hih gige ding ahi.

**IV. Pathian in Nungjuite toh kisai a adeihna tan; hiai bang in:-**

> Thilhoih ahoihlou a dit = Setan' deihdan leh hih dan ahi;

> Thilhoih a hoihmah a dit = Mihingte' deihdan leh hih dan di ahi.

> Thilhoihlou a hoih a dit = Pathian' deih dan leh hih dan ahi.

**V. Nungzuitu Khat in; Khotang hinkhua toh kisai a** buai-huai, leh haksa i phutkhak hiam, I tuah-khaak Chiangin, bangchibang-in thupukna I bawl sek a ?

*Etsakna* : Khristian/nungjuitute'n chiklaipeuh in, iki bulphuhna leh sinsaknate pansan pipe'n tuh, '**Laisiangthou mah ahih gige ding**' chih, iki mangngilh bawl louh a, thupukna latu/bawltu or, Business Chairman in nei in, pangsak sek leng, bang a chi diam? Tuabang dinga haksatna, a hih theih louhnate bangbang a hisek a' chih kikum in zongkhe le-hang, I niteng hinkhua leh khotang hinkhua ah Khrist' nungzuihna i hat dan (dynamic discipleship) hong kilang thei ding hi.

**VI. Khrist' Nungjuitute koimun peuh ah om mah lehang;** kikholang, ki-buthei lou, ki-im theilou, a theih tum himhim a om



**XII. Nungjuite bang hun peuh leh koi mun peuh ah leng ettontak hih ding;**

I omna peuh, i khoheina peuh ah mimal leh mi taangpi pomtheih i hih kiphamoh petmah hi. I om nana ah mite toh kilem leh kituak hih tup-lehngim a neih gige theih a hoih pe'n.

**XIII.Nungjuite;** Ei pawl i lohchin hiam, i kipah hiam, i vualzoh hiam Chiang a le; lohchindan, kipahdan, vualzohdan i siam ding. I lohsap chiale lohsap dan i siam a, 'kingaihsiat sukpa hengnungang' chihte chi'ng tamlouh a hoih hi. Etsakna: Kum bangzah hiam paikhinta in, Manipur ah State Lottery hong kithang lua hiven oi.... 'First Prize' man di tupape'n Police te'n ma theihkhoh ua, a prize mat ding zah Lakh Khat (huai hun lai adia tamlua) ahihchia, kinak pah luat khengval ding a sibup zouhial ding' chih hon theih chiangun, chiangpum (strick) la-in sat/zep ekmasa ua, tuazoh nunga a first-prize mat a piak khat uh chiangun a hun geih in tua Lottery mantu-pa kipahdan hong siam hun geih' chi uhi.

**XIV.Mi'ate ngaithupi-a;** Ei ate (ei-heutute etc.) thring sak luat, ngaihnepep luat leh koihdan khat

vaneih veule khelhna (asia bulombompi) ava koihle a deihhuai peen ahigige kei. Etsakna:-

- > I pau = Pau hausa,
- > Upa' pau, Pau Upa = kisinsak.
- > Minphuah = Kitapsak sawn dan.
- > Pu Zukholh = Indongta paidan zuih.
- > Laisiangthou toh kituakte = phungvuh,kepbit, kituakloute nutsiat.
- > Pi-Pu'dante=Tawndan leh Chiindan tuamtuam,ahunamunjuiin.

**XV.Kizepdan kilawm:** Mitangpi pomlem siam theih leh Gospel huai deuh a kizepdan ingentel deuh a hoih; a-hun, a-mun leh sep di toh kituak a kizepdan, tuabang mite pichin huai in etton huai hi. Mi tangpi pomhuai loute; Saudawk lua, bawksal lua, kihonglua, panlua, kigaklua, kol lua, zahmoh lua, a rong langsar losehsoh, gumhuailua, chihleh a kilawmlou lua a kizeplouh a hoih mai kei maw ?

Kilawmpih theih a i ki Zep ding ahi; Ei deihdan teng leh new-style/new model' i chih tengleng i ki lawmpihle ana hikhin khollou khathei. Mi'n hon teelsak a dik ton omkha thei mahmah' chih bang. Ji

**XXII. YPA/SSPP leh adangdang banah, Saptuam' nna hoihse'm hinapi'n;** ki theihsiamlouh khaktheih hun a omthei hi. Tuabangte a omlouhna di'n, kithuzaktuah zelzel ding a deihuai hi. Nopna leh dahna, a dangdang leh programte i tuahlouh theihlouh, kizat khawmlouh theihlouh ahihsek ziaakin leng.

**CHIAMTEH TUAK & THU SAWMTUAKTE**

1) Sihni leh sihnung a kiphat a, kipahtawina thupi taktak kipiak sangin Damlai in kiphatin kipaktain, kipahtawi zotaleng kigensiat a kikeih tuahtuah sangin.  
 2) Khovel nunglam a nutsiatna-ut mateng, lohching takin Jesu nung najui theikei ding.  
 3) Mi hoihte'n a mohpaih mengmeng kei ua, mi hoihloute'n mi gensia in, a mohpaih pahpah uhi.  
 4) Mahni telkhaklouhna gen teiteite zaw mi zattak louh ahi nuam mahmah hi.  
 5) Mohpuakna/dinmun ngaithupi a, zahtaaktak a ngaisang a sepbuchin a hoih theipen a tungigete Pathian leh mihing in a zatnopte ahi a, mi-zattakte mah ahi.

6) I lungkim theihlouhna ziak lianpe'n khattuh; Pathian a ikipiak zohlouh ziak uh a higige.

7) Mi lungsim siate; lungkimna bei, phun/vui hat, mohsakhau leh lungkham pe'nte ahi uh.

8) Nang naki-thununma teng, midangte nathunun zoukei ding.

9) Pathian toh nakal a hoihzoh peuhaleh, navai, nalampi leh na thumnate lamzang ding hi.

10) Khrist toh kizopna tuh Khovel toh kikhenna thuguuk ahipe'n hi.

11) Hoihna thil thum; i) Kidek theihna, ii) Lungsimkip neihna, leh iii) Diktatna ah kinga.

12) Mi Khrist'nungjui taktakte'n; Gam-le-nam mi-le-sate iitna diktak anei teitei uh (Neek utna leh khami'tna thute a nelhsiah ngeikei uh).

13) Khovel leh mihing kiang a sermon kisawm lianpen, Jesu deihdan toh kituak a niteng a hinkhua zat ahi.

14) Pathian toh kinai gige mi in lungkimlouhna ding sangin, kipahna ding a mutam zaw gige, huan niteng nna asem hoih naknak hi.

15) Buaina leh kinakna tampi hihvengtu vanzat poimoh mahmah kei kahi, "*kei kahi ahikhial*" achizel hi.

# INDIA

## zalenna

-Elder Thuamson

Kum 1858 in East India Company khut akipan in British Crown in India tung a thuneihna zousiah alata hi. Huai dingin British Parliament in bill a pawlut uhi. July 4, 1947 in British Parliament ah hiai bill passed in aom a, huchi'n Bill pen Act a hong suakta hi. Indian Independence Act ah August 1947 in zalenna, bangkim amau leh amau kivaihawmna India mite khut ah a lotta hi. Hiai dan pass ahihna a India pen sehnih suah in India leh Pakistan a suak hi.

India seh nih a kisuahna a kibawlsa Constituent Assembly in December 9, 1946 a tutkhawmna a neih uh, 14 August 1947 in tutkhawmna (sitting) hon nei nawn ua, India adia Constituent Assembly bangin hong tu-ta uhi. Huai tuh Parliament nei nailou ahihziakun, Constitution bawl ding kinohta ahihmanin India Parliament bangin vai ahawmna uhi.

India Constitution (ki-ukna Bupi) Drafting Committee hon bawlkhia uhi, Dr. Ambedkar

Chairman hihna nuai ah. November 26, 1948 in Ki-ukna Dan bupi passed in Constituent Assembly President in suai ahon kaita a, passed ahita hi. Huchi in January 26, 1950 in hiai Dan Bupi zat ahita hi.

Independence leh republic kibatlouhna genchian zek ni. 1947 – 1949 tan Independent ahi ua, Parliament in Bill a passed teng uh Act asuah na dingin British Kumpi suai a ngai hi. Hihleleng zalenna bukim Republic a hong hih uh 26<sup>th</sup>

# QUIET TIME

Marka 1:35-39

Jesu Khrist Toupa, Pathian leh Hondampa apom a pianthaksak a i om Chiang in Amah toh kizopna (relationship) i nei hi. Hiai kizopna in Pathian toh kithuahna (Fellowship) hon neisak thei hi. Pathian toh i kizopna om gige (constant) mahleh i kipolhna pen Amah toh hun i zatdan leh A' Thu i man dungzui in sang leh niam in om thei ding hi.

Quiet Time kichi bang ahia ichih leh, "niteng a Pathian theihsem nadinga Laisiangthou simna leh Thumna tungtawn a Amah kia toh hunzatna ahi. "Quiet Time is a daily time set aside to be alone with God to get to know Him through the Bible and prayer".

## QUIET TIME POIMOHNA:

1. Pathian toh hunzang a Amah Toh kithuahna (Fellowship) neidinga Siam ihi:

i) Pathian a misiam masak Adam leh Evi toh hunzang ding in nitaklam teng in Eden huan ah vahoh zel hi (Gen. 3:8).

ii) Jesu Khrist in nungzuite A sap in A kiang a omding Amah toh kithuah khawm dinga ateel masak ahi a, thugen ding pen a anihna ahi

(Marka 3:14). Martha in Jesu a dinga nna a sep sangin Mary in A' khebul a tu a A' thugen a ngaihkhia in Jesu kipak sakzaw hi (Luka 10:38-42). Pathian' Nnasep hoih mahleh A' khebul a tu a A' Aw ngaihkhia a masazaw leh poimoh zaw ahi.

iii) Pathian in nang mahmah hon iit in hon houpih ut hi. Biakinn a na kikhop banah veng thuumkhawmna (Small Group) banah Fellowship tuamtuan a Pathian' Thu za mah lechin Pathian nang kia toh kipawl ut (Personal Fellowship) ahih man in hiai Quiet Time pen bangmah in khekkhe theilou hi.

2. Quiet Time tungtawn in Pathian houpihna nazak banah khalam leh salam a Pathian' piina na neiding

- Jesu leh Laisiangthou a mi thupite Abraham, Mosi, Joshua, David leh Pathian' mizat thupi ten Zingkal in anei uhi (Sam 5:3; 119:147, 148).
- Pathian in Israelte Manna A piak in zingkal in pia hi (Exod. 16:21). Zingkal a thoupheet thildang ngaihtuah nailou ihih manin lungsim siangthou leh tawldam ding hi.
- Zingkal a neih in Pathian a masa a koih ihihdan langsak hi. Thildang teng ihih main Pathian toh hunzat in Pathian ihinkhua a alianpen leh masapen hihna a langsak hi.
- Zingkal a hatna na neihte sun nitum a khemna douna dinga alou theilou ahi.

#### **QUIET TIME NEIH NA DING A VANZAT POI MOHTE:**

- Laisiangthou: Pathian in hon houpihna ding ahi. Laisiangthou na sim theih ding a gelh lian leh chiang zang in.
- Gelhlouh Bu(Exerciser book/paper): Pathian in hon houpihnate gelh nading ahi. Nidang chiang a na etkiik chiangin phatuam mahmah ding a, khalam a na bah chianga tha hon petu hiding hi.
- Labu: Pathian in hon houpihna tungtawn in laa nasa ut khathei.

#### **QUIET TIME BANGCHI NEIH DING?**

Amun, ahun leh vanzat ding i gen nung in aneih dingdan tangpi anuai abang ahi:

1. Pathian Siangthou toh hun zangdia hongpai na hihman in kihih siangthou inla, A' deihlouh dan nahih omleh ngaihdam ngen masa in. Na khelhna kia in Pathian toh honkhen ahih man in, khelhna na hihte leh nang a om te ngaihdam ngen in (Isai 59:2). Lungsim tawldam nading in ksil lechin phatuam mahmah ding hi.
2. Laisiangthou tang 10-15 tan veltelkhia in. Nang adia kilawm zah teel in.
3. Na Laisiangthou tang teel 3-5 vei simsuak in. Nga vei hun nasak keileh simsuak zel in. Nasim tam leh a thu na theisuak semsem ding hi.
4. Nasim kawm a Pathian' houpihna thumal hiam, Laisiangthou chang na lungsim a hong lutte chiamteh in.
5. Thu na simte suut in. Nga (5) vei vel nasim suak chia athu natheihthe ngaihtuah ngitnget in (Joshua 1:8; Sam 1:2). Ngaihtuahna hon panpih dingin anuai a **PRECEPTS** lamsau zang in:

### 1. KITHUNUN HAKSATNA (PROBLEM OF DISCIPLINE)

Quiet Time na neihdek chiang a haksa pen ahihle zingthoh baihi. Thohbaihi didan i ensuk ding:

- i) *Lumpah in.*
- ii) *Khua na phokphet chiah thoupah in kihahsiang in.*
- iii) *Quiet Time gumang thei thilte taisan in (nitak sawtpi tuh chihte).*
- iv) *Nasim kawm a Pathian' houpihna thumal hiam, Laisiangthou tang na lungsim a hong lutte chiamteh in.*
- v) *Thu na simte suut in. Nga (5) vei vel nasim suak chia athu natheihthe ngaihtuah ngitngat in (Joshua 1:8; Sam 1:2).*

### 2. NGAIHTUAHNALAMANG THEI (PROBLEM OF DISTRACTIONS):

Satan in Quiet Time na neih sung in na lungsim hon vakkual sak ding hi. Huchibang lungsim a hong omte mualsuah dingdan i ensuk ding:

- i). Lupna apan thoh ding. Lumsa a neihlough ding.
- ii). Thou a kihahsiang khith chiang a neih ding. Ihmut suak nemnum a neihlough ding.
- iii) Laisiangthou chang sim sung a lungsim pikawia omlehaging insimin.

iv) Na kiang ah notepad khat koihi in. Quiet Time na neih chiang a na hihding tampi na phawkte gelhkhe pah lechin hon subuai lou ding hi.

### 3. KHALAM KEUNA (PROBLEM OF DRYNESS):

A khen chiang in na Quiet Time hong niam mahmah ding. Na neih pet tung chiang in hong nuam gige lou ding hi. Phetlou in Pathian houpihna na zak louh hun bangleng hong om ding hi. Himahleh na thathohna leh a nopdan dungzui a pai louhding ahi. Pathian in hon houpih hetlough hun om mahleh na hih teitei pen khalam vualzohna ahi.

### 4. HIH GIGE ZOHLOUHNA (PROBLEM OF DILIGENCE):

Thil himhim a pat nuam a, sutzop a haksa hi. Quiet Time leng pan mah lechin sutzop haksa nasa ding hi. Sutzop zoh dingdan bang zah hiam i en ding:

- i) Pathian kiangah thuchiam bawl in.
- ii) Na niteng hunkhenna ah hel in.
- iii) Setan in suanlam a koihi dingte doudin kisakhoh in. Nikhat nahih khak keileh moh kisa kenla, a zingchiah panthak in. Khatvei England a mikhat in newspaper ah hichiin thu suah hi: "*Ka neu apan*

khedapte kihumbit na ding ahi. Khalam galvan Eph. 6:10-18 a kigente lak a i namsau dia kigen ahiehleh **Pathian' Kha leh Pathian' Thu** ahi. Khalam a hat mahmah lechin leng Pathian' Thu na sim keileh na melma na sualthuk theikei dinghi. Nungtolh lou a mailam na paietheih na dingin Pathian' Thu sim A amah toh hunzat alou theilou ahi.

5. Hotdamna kipahna nei gige (Sam 51:12): David in angkawmna leh tualthahna khelhna ahieh khitin Hotdamna a mangsak kei a, a Hotdamna kipahna a mansak ziakin Pathian kiangah ngen hi. Pathian toh i kizopna leh Hotdamna om gige mahleh Pathian toh i kipolhna leh Hotdamna kipahna pen Pathian Thu i man dungzui in sang leh niam in omdinghi.

6. Pathian toh hunzang mite'n itna leh kituahna nei uh (Johan 13:34): Ka theih dan leh ka muh dan in nam (tribe) tuamtuam, saptuam a pawl tuamtuam (Presbyterian, Evangelical, Fundamantalist, Penticostal, Baptist, Lutheran leh adangdang), siamna (qualification) tuamtuam leh mihinna (character) tuamtuam himahleh Pathian toh hohtak a hunzang te'n thil a muhdan uh (perspective), thupukna (decision) alakdan uh leh a lungputdan (attitude) uh kibang hi. Pathian' La

9000 vel phuaktu mitdel Fanny Crosby in hichi in chi hi: ***"Dakkal khat lel zong Na' tutphah mai a, Thuma kongkun hun chiangin; Lawmta banga Nang ken kong kholh chiang in, Lungnopna kigen zoulou"***.

Pathian toh hun nuamtak zatkhom sanganuamzaw ding bangmah khovel ah a om kei. Quiet Time na neih naikei leh tuni in pan in la zingchiang in sunzom in. Zingchiang na chih leh i melma Setan in zinghal suaksak dia maban neitou ding ahi. TUNI in pan in la Pathian toh hun nuamtak honzang in. ***"Thil hoih hih chimtak kei ni; i lungkiak keileh a hun takah i at ngei ding ahi ngala."*** Gal. 6:9

*Hiai article unau pa Johson S. Guite in June 26&27, 2019 a Rayburn Presbyterian Church a "Tuailai leh Khristian Hinkhua" chih thupi a nei a seminar hong neih hun a hon sinsakna akipan a poimoh diak teng lakhia a, amah phalna a hiai messenger a hong kisuah ahi. Simtute Toupan hon vualzawl hen.*

Kaikhawmtu : **Rev. M. Khamlianmang, Coordinator (Institutions)**

in alungsim in tangtawn nopna mun galdot in, ngaihtuahna thawmhau kisakna, mangthang dingte veina lianpi hon nei hi. Bei hun nei leitung hinkhua leh kumte lawma bawn kipak leh nuamsa ihihleh Pathian mangtutphah ma a pahtawina zaila oih hun chianga kimvek louh phiing ding angaihtuah chiang in alungtang khei (nasak) mahmah hi. Huchiin hiai thumna leh chialpina la manphatak “Tawsaw Khawlmual” ah hong piangkha hi:

1. Toupa ka kdamlai hun leh ni mualliam zelzelte,  
Theihlough kal in mualliam in hong thak zel;  
Na sat Van Salem khawpi thak tualnuam a,  
Kongtun hun ding nite hong naisak hi.

*Na vualzawlina hun leh ni ka tanpihte leh,  
Nunnop zaila ka oihpihte;  
Na Mangtutphah mai a Pahtawina zaila  
Oih hun chiang in,  
Kimloh ding zaw, Toupa, lai ah na sa'ng”*

2. Khovel buaina meipi zing leh tui kihawt kal ah,  
Toupa'n eidin hunte honthak sak lai;  
anglai Kanaan a na mite napi bang,  
Honpi zel in, Toupa, honzui zel ning
3. Lawmvual lungtuak it leh ngaih, nu le pa itte aw,  
Unau sangtam pi'n mual hon liamsan nung;  
Toupa'n eidia hunte hon thaksak lai in,  
Toupa leh a gam din hunte zang ni.

Lam pailai abihman in hiai laphuah gelhkhiak chih leng om tuanlou in Mualpheng khua hong tung guih hi. Tang 2na, tang 3na leh a kaih ding mah leng hong piangtawm zel in, Dialkhai khua apan kumsuk in Tipaimukh Road hongtung hi. Vaipheimual khua akhen in

Thanlon galdot kawm in Pathian in a piak hiai lathak sa kawmkawm in Thanlon khua lut in tua ah giak a, azing in Bus a tuangin Lamka tung hi.

Hiai la pen sihna leh program tuamtuate a hun khakna khawng



# DOTNA & DAWNNA

**Dotna:** *Matthai 2:18 na a kigen Rakil pen Jakob' ji mah hi thei ding a diam? Jakob' ji hitaleh, bangziak a Rakil in a sihnunga a tate suun thei mawk ding a hia? (Benjamin aneihlai a lamlak a si ahildan Gen. 35:16-18 a kimu)* By: Elder V. Vungzathang, Mualkoi, PCI (R)

**Dawngtu:** *Rev. Dr. G Pau Muanthang*

**Dawnna:** He, hiai a Rakil kigen pen Jakob' ji mah ahi. Rakil in a tate suun chia Lai Siangthou in a hon gen pen omzeneitak a thu kigen ahi. Matthai 2:18 a kigelh i muh bangbang a la ding chile thil hitheilou leh theihshiam haksapi ahi. I theih masak dia deih huai ahihleh, Lai Siangthou a thu kigen tampite “etsaknei, hem gen, tehkhenna” a gen ahihziakin ahi bangbanga (literal) laktheihlough pawl om chihna ahipah hi.

Huchibang a thugen leh kampau Jesu mahmah in zang mun mahmah hi. Etsakna dingin: Jesu'n Pharisaite a salhna ah “*thousi khisiang a sangawngsau valhte*” (Matt. 23:23) a chih chiangin ataktak a Pharisaite'n 'thousi khisiang a sangawngsau valh' taktak hi zenzenlou hi. Himahleh hiai in Pharisaite aomdan, a nasep leh a lungsim uh kigamlat dan genna leh a salhna Jesu'n a gen ahizaw hi.

Huchimah bangin, hiai a i Lai Siangthou in 'Rakil in tate suun' a chih pen, a tak a Rakil in suun hizawlouin Rakil 'Israel namte Nu' dinmun a dingin a tung ua (Israel leh Judah) siatna hong tung tuh a suun in, a kah

ding chihna lam a genna ahizaw. Hiaithu i theihshiam semna dingin Matthai thugelh laksawna Jeremia hun i nung etkik poimoh ding hi. I theihsa mah bangin, hiai pen Tanchin Hoih gelhtu Matthai gelh leng hilouin Jeremia gen a laksawn ahi. “*TOUPA'N hichi in a chi: Rmah khua ah husa a za ua, misi ngai a kap huphup, Rakil in a tate a kah a, a tate aom nawn louh ziakin a khamuan theih kei hi*” (Jer. 31:15).

Bangchi bang Rakil Israelte nu dinmun tang thei ding hiam? chih i theihshiam na dingin amah tanchin saulou i en masa ding. Rakil tuh Jakob' zi nihte laka a deihthoh pen ahi. Azi a deihthouh mai hilou in, amah apan a

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